

# ***GLENELG SHIRE***

## ***MUNICIPAL PUBLIC HEALTH AND WELLBEING PLAN***

**YEAR 2 ACTION PLAN  
REPORT  
2023**





# ACKNOWLEDGEMENT TO COUNTRY

## TRADITIONAL OWNERS

Glenelg Shire Council respectfully acknowledges the traditional lands and waters of the Gunditjmara people, Bunganditj people, Jardwadjali people and their respective cultural heritages.

Aboriginal and Torres Strait Islander People provide an important contribution to Australia's cultural heritage and identity.

We respectfully acknowledge the Aboriginal and Torres Strait community living throughout the Glenelg Shire and the contribution they make to the Glenelg Shire's prosperity and wellbeing.



# PARTNER AND LOCAL HEALTH ORGANISATION LOGOS

	Kyeema Support Services		Portland Leisure and Aquatic Centre (PLACE)		Hands Up Casterton		Warrnambool and District Food Share
	Brophy Family and Youth Services (Brophy)		Casterton Memorial Hospital (CMH)		Blue Light		Wellways
	Barwon Health Public Health Unit		Dhauwurd Wurrung Elderly and Community Health Service Inc. (DWECH)		Australian Breastfeeding Association		VicHealth
	Department of Education and Training (DET)		Alcoa		Regional Development Victoria		Belgravia Leisure
	Healthy Kids Advisor		SEAchange Portland		mpower		Cycling Without Age
	Headspace		Beyond the Bell		Western District Employment Agency (WDEA)		Live 4 Life
	Heywood Rural Health (HRH)		Victoria Police		Wannon Water		FREEZA
	Portland District Health (PDH)		United Way Glenelg		L2P		Women's Health and Wellbeing Barwon South West (WHWBSW)
	Glenelg and Southern Grampians Local Learning and Employment Network (LLEN)		Winda Mara Aboriginal Corporation (WMAC)		Rotary Club Portland		South West Sport

# ***ACTION PLAN CONTEXT***

This is the Year Two Action Plan under the Glenelg Shire Council Municipal Public Health and Wellbeing Plan, 2021 – 2025. Year Two covers the 2023 year.

There are a number of partners to this Action Plan, who are contributing to the increased health and wellbeing of our Shire. The following Action Plan demonstrates clear lines of responsibility to actions in the recognition of both the lead and supporting partners.

This annual action plan will be reported on every year in October to the Department of Health as required by Section 26 of the Public Health and Wellbeing Act 2008. This annual report will be made available to the public via the Glenelg Shire Council website.



## OUR COMMITMENT TO WORKING TOGETHER

Glenelg Shire communities can reach full potential when we work in collaboration, share resources, and build our capacity to deliver change. By embracing risk, learning, and building upon previous experience and supporting new and innovative practices, together we can foster thriving communities now and into the future.

We aim to work together to implement the Glenelg Shire Municipal Public Health and Wellbeing Plan in new and innovative ways. We will report on the work we do and the growth we make in this area.



### COMMITMENT 1:

Fostering leadership and building collaboration

Together we will:

- advocate to create systemic change
- take a cross-sector and intersectional approach to address complex issues
- foster community leadership and utilise lived experience
- collaborate, share resources and strengthen partnerships
- implement the Glenelg Shire Municipal Public Health and Wellbeing Plan.



### COMMITMENT 2:

Building a culture of innovation and learning

Together we will:

- develop skills, capacity and mentoring opportunities
- develop shared measurement, evaluation and learning plans
- support opportunities for idea generation and shared problem solving
- implement new and responsive community-led solutions
- track and learn from our collective experiences.

# GUIDING PRINCIPLES

Four principles guide the work that we do towards the goals and objectives:

Although the Guiding Principles are all equally important, they may not be relevant to all initiatives within this Municipal Public Health and Wellbeing Plan. As part of the planning process, the Guiding Principles will be considered and underpin initiatives.

The Glenelg Shire area has many great collaborative initiatives that are focussed on tackling single components and issues that impact on the community's health and wellbeing. Thriving Glenelg aims to facilitate stronger integration across multiple and inter-related issues and initiatives to achieve even better community outcomes. Thriving Glenelg aims to 'work smarter not harder' by addressing these common challenges together in a more strategic and integrated way.

Workshops and discussions between local collaborative initiative partners, including Live4Life (youth mental health), Beyond the Bell (education attainment), Hands Up Casterton (young people reaching their full potential) and SEA Change Portland (healthy and well community), have identified many common challenges and a desire to work together to address these. Many of these challenges have informed the Commitments in the Glenelg Shire Municipal Public Health and Wellbeing Plan 2021-2025.

Thriving Glenelg aims to be accessible for all stakeholders to contribute to and benefit from the outcomes.



## BY COMMUNITY FOR COMMUNITY:

We will work with our communities wherever possible to ensure they are empowered to solve and act on issues affecting them.



## EVIDENCE INFORMED:

We will collect, share and use local and regional data, trends and learnings to inform our practice.



## SUPPORTING INNOVATION:

We will embrace new thinking and approaches, take calculated risks and challenge the status quo.



## SYSTEMS APPROACH:

We will work together with community members to identify all conditions that contribute to health and wellbeing problems. We aim to address these explicit, semi-explicit and implicit conditions in a holistic manner.





# GOALS AND OBJECTIVES

## GOAL 1:

### BUILDING HEALTHY AND WELL COMMUNITIES

A healthy and well community is one where people have a range of opportunities to participate in daily life, be physically active and mentally well.

To support physical and mental wellbeing, individuals require safe environments, access to and knowledge about healthy food and lifestyle options. Research suggests that diversity, inclusion and culture all support the social and economic health of a community. Through acknowledging and embracing our differences, we can instil even more pride and belonging in our Glenelg Shire communities.

#### ★ OBJECTIVE 1.1:

Initiating opportunities for healthy and active living

#### ★ OBJECTIVE 1.2:



Building mentally well communities

#### ★ OBJECTIVE 1.3:

Creating respectful, inclusive, culturally aware & safe communities



OBJECTIVE 1.1 Initiating opportunities for healthy and active living.

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION
<p>Increase and promote Breastfeeding Welcome Here stickers on businesses across the shire.</p>		<p>Maternal Child Health Nurses Portland, Heywood and Casterton – Portland District Health.</p>
<p>Partner with local Aboriginal organisations to promote Australian Breastfeeding Association support, information and breastfeeding education classes.</p>		<p>Dhauwurd Wurrung Elderly and Community Health Service Inc.</p>
<p>Strengthen relationships with community groups in the North of the Glenelg Shire.</p>		<p>Hands <u>U</u>p Casterton</p>
<p>Utilise hospital events to gather information and data around healthy eating behaviours, nutrition, physical activity and responsible consumption of alcohol that will inform future health promotion work of Portland District Health.</p>		
<p>Implement changes to SACS (Sub-acute Care Services) rehabilitation pathway for cardiac, pulmonary, and falls groups to include three healthy living sessions under the following topics: Physical Activity and Footwear; Nutrition and Wellbeing; Energy Conservation.</p>		
<p>Review physiotherapy model to include prehabilitation for patients entering into orthopaedic surgery. Patients will receive an information booklet ahead of knee and hip replacement surgery which encourages exercises to assist post surgery recovery.</p>		
<p>Partner with Glenelg Libraries to deliver 4 sessions for healthy and active living on themes suggested by participants.</p>		<p>Glenleg Libraries</p>



Implement incentivisation model for licenced users of Council recreation facilities to encourage clubs to address active aging, healthy eating, women in sport, modified inclusive sport and club development.



Healthy Kids Advisor, Sports Clubs, South West Sports.

Commence Master Planning at Island Park Casterton and Heywood Recreation Reserves to increase access to sport opportunities in these communities.



Licences Sport and Recreation User Groups.

Seek expressions of interest for support to develop an expo event for children under 10 to encourage and increase participation in sport.



Local Sports Clubs

To better align with the Tobacco Act, develop and distribute updated 'No Smoking' signage to include 'No Vaping' for Community venues.



Victoria Police

Support the delivery of M&M's LGBTQIA+ youth support group, facilitated by Heywood and District Secondary College.



Vic Health, Heywood and District Secondary College

Installation of BBQ's, seating and shade on the Portland Foreshore and Library under the Living Local Funding.



Engage young people to increase participation in group fitness at the Portland Leisure and Aquatic Centre.



Belgravia Leisure and Aquatic

Implement a virtual Les Mills class at the centre to further develop group fitness offerings. Reducing the pain of class cancellation and connecting a wider age range to group fitness.



Belgravia Leisure and Aquatic

Develop a GoSwim program at Seasonal Pools (Heywood) providing education to the community around water safety and improve the swimming ability of all age groups.



GoSWIM, Belgravia Leisure and Aquatic, Glenelg Shire Council

Under the Great Tasting Water Project, continue to seek funding for improving water quality in Portland, Heywood and Port Fairy and develop a detailed design for improving water quality in one of these communities.



Commence design of a Community Behaviour Change program under the Great Tasting Water project from engagement with health and wellbeing partners.



Imbed healthy cooking classes in weekly programming and develop a healthy eating film under the themes of Traditional/Cultural Foods/Our Ancestors.



Increase health literacy, pleasurable food education and community engagement to positively change food settings at schools and sports club kiosks.



Support increased use of local outdoor spaces through Neighbourhood Activation Programs and with local group collaboration.



Identify and address barriers to participation in physical activity for older residents, including cost, location and accessibility. Actively promote the benefits of more active lifestyles to older residents in Glenelg Shire



Activate public open space for informal recreational activities for older residents to promote social connections and active lifestyles through improved infrastructure. Increase partnerships with local clubs and recreational groups to grow the availability of modified sports and active recreational activities for older residents.



Glenelg Shire Council, Moyne Shire Council.

Barwon Health Public Health Unit

Healthy Kids Advisors, Victoria State Government

Belgravia Leisure and Aquatic



OBJECTIVE 1.2 Building mentally well communities.

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION
Engage secondary schools to renew a three-year Memorandum of Understanding with Live4Life Glenelg.		Youth Live4Life, Secondary Schools.
Assist schools in achieving the minimum requirement of 10% of staff trained in Mental Health First Aid. Continue the implementation of Live4Life Crews in each Glenelg secondary school, delivering mental health awareness events and Teen Mental Health First Aid training.		Youth Live4Life, Secondary Schools.
Commit to a 12 month licence to screen Tarryn Brumfit's Embrace Kids film promoting positive body image in community settings.		Rotary, Primary Schools, Portland Arts Centre
Support the role of Coordinator of Mental Health Services, South West Region to oversee the State Government incentive program to attract, support, and retain mental health professionals and help them plan their move, assist with housing, and provide local information on schooling and community groups to make connections.		Glenelg Shire Council
Explore Aboriginal specific Youth Mental Health Australia facilitator training through partnerships with local Aboriginal health organisations to assist with ATSI youth mental health first aid training.		Winda Mara Aboriginal Corporation, Mental Health First Aid Australia
Ignite partnerships with mental health services to support at least one large company to roll out mental health training sessions to staff.		Youth Live 4 Life Glenelg and Glenelg Shire Council.
Explore and advance partnerships with likeminded agencies to support the sustainability of Live4Life Glenelg.		United Way Glenelg

Grow mental health services offered by Brophy and Headspace in the Glenelg Shire from the new Otway Street site.



Deliver an initiative to engage parents of young people to better understand how to improve or support their mental health and alcohol and drug prevention.



Support staff awareness and access to 6 free sessions of professional psychological support through the Employee Assistance Program (EAP) in Partnership with AccessEAP.



Deliver new Mental Health First Aid Training with local trainer to build skills to identify and assist with individuals experiencing poor mental health. WDEA Works staff undertook the training to support their own wellbeing and increase capacity to provide support to jobseekers experiencing mental health concerns.



Partnering with R U OK? to develop a Workplace Champion Plan for R U OK? in the prevention of suicide and improvement of staff mental health.



Work with local organisations to increase mental health awareness.



Provide access to Low Intensity Mental Health support service through a Mental Health and Wellbeing Hub to anyone of any age without a referral.



Glenelg Shire Council, Local Schools, South West Health Care.









AccessEAP

R U OK?

Youth Live 4 Life, Wellbeing Teachers in local schools, local businesses



OBJECTIVE 1.3 Creating respectful, inclusive, culturally aware & safe communities.

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION
Finalise an organisational template for Gender Impact Assessments. Encourage and support Council departments to complete Gender Impact Assessments for their respective work areas.		Women's Health and Wellbeing Barwon South West
Significantly increase access and awareness of the availability of support for people having difficulty paying their water bills and connecting them with other organisations that can assist or cross refer to other utility organisations.		Glenelg Shire Council.
Design and complete a Gender Impact Assessment template and process for use across the business.		Glenelg Shire Council.
Collect data to inform more targeted distribution of emergency food to address food insecurity across the region including the Glenelg Shire.		
Roll out education programs to schools and community regarding responsible pet ownership to ensure community safety.		
Develop, promote and digitise at least 3 'Social Stories' for Council facilities.		
Commence Traditional Owner engagement for Gunditjmara Dance Space within the Portland Foreshore redevelopment.		Regional Development Victoria, Department of Energy, Environment and Climate Action
Recruitment of a diverse group of TAC L2P program volunteers with the capacity to mentor young people to increase confidence and life opportunities through driving.		TAC

Culturally inclusive redesign of 9 shire and town entrance signs with reference to Traditional Owners, Country and Place Names.



Provide cultural awareness training to Glenelg Shire Councillors and Executive.



Deliver youth led community IDAHOBIT event generating support, education and awareness of LGBTIQIA+ young people and community.



Review internal naming policy to align with Victorian Naming Rules and promote equity around place naming in the Glenelg Shire.



Address demographic and social barriers in the existing arts program and work to develop more inclusive programming across the community.



Develop a collaborative program to reinvigorate public art elements within Apex Park, Heywood.



Commence development of Playground Management Plan renewal program to increase informed recreation opportunities and social inclusion.



Launch Intersectional Prevention of Violence Against Women learning series, a professional development series to build the capacity of Respect 2040 Partners and allies to undertake intersectional prevention of violence against women work.



Gunditj Mirring Traditional Owners Aboriginal Corporation

Koori Heritage Trust

Youth Fest

Department of Energy, Environment and Climate Action

Vic Health



Drawing on profiling work completed by Respect 2040 partners and allies during 2023, embed the practice of addressing the drivers of violence against women across multiple settings into business as usual through the initiative 'From 16 Days to 365 Days'.



Develop a Glenelg Shire Council Reconciliation Action Plan.



Offer all staff the opportunity to undertake LGBTQIA+ inclusion training with Minus18.



Deliver internal Equal Opportunity Training with modules including Cross-Cultural Communication, Mental Health Awareness, Managing Unconscious Bias, Disability Awareness, Diversity in the Workplace, Closing the Gap.



Continue work within Heywood Rural Health's Gender Equity Action Plan to increase awareness and supports for family violence.



Ensure fair and equitable recruitment, promotion, leadership, and career development regardless of gender.



Increase education around inclusive language to support gender diversity.



Expansion of community programs to Nootyoong Mara Healing Centre to promote culturally focused activities and gatherings.



Reconciliation Australia

Minus 18

Develop culturally appropriate education programs delivered by mob for mob.



Commission of mural art on the new building to promote community resilience and continuation of culture.



Continue implementation of the Gender Equity Act 2020 with defined entities to address the key drivers of violence against women.



Undertake a review/needs assessment of the health experience of rural and regional women to identify future project work.



Work alongside local sporting clubs to raise the understanding of what family violence looks like and promote respectful relationships through shield matches, poster displays and presentations.



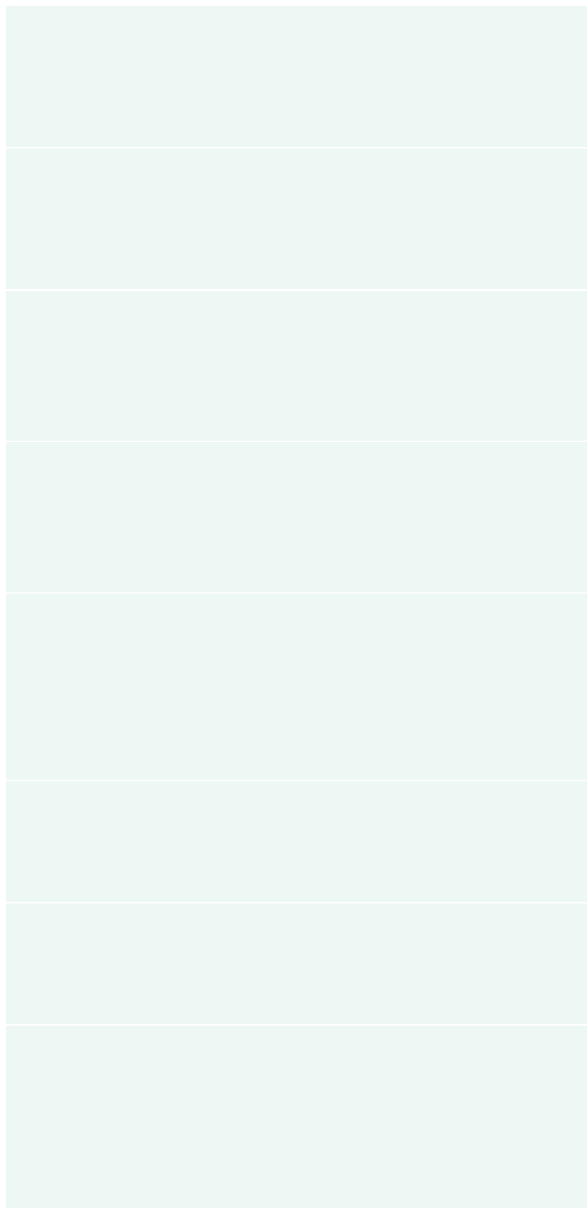
Roll out presentations within Glenelg shire schools, supporting youth to understand the effect of media around the sexualisation of youth.



Promote local Police Aboriginal Liaison Officer (PALO's) and LGBTIQ+ Liaison Officers (LLO) in community.



Challenge age-based stereotypes by incorporating age friendly images and messaging in all Council publications and promotional material, including Council websites, printed and social media





# GOALS AND OBJECTIVES

## GOAL 2:

### BUILDING STRONG COMMUNITIES

A strong community is one where people can live, work and play in a safe environment and be resilient when faced with challenging situations.

Addressing such needs as secure housing, financial stability, community connectedness, access to education and employment, as well as addressing the impacts of climate change, all contribute to the foundations of a strong and resilient community. Whilst Glenelg Shire has a vibrant community spirit, safe neighbourhoods and high rates of volunteerism, we can still do more to support community resilience and active participation in community life.



#### OBJECTIVE 2.1:

Enhancing accessible neighbourhoods, services and activities



#### OBJECTIVE 2.2:

Building resilient and socially connected communities













#### OBJECTIVE 2.3:

Support participation in education, lifelong learning and employment



OBJECTIVE 2.1 Enhancing accessible neighbourhoods, services, and activities.

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION
Commence planning for the implementation of the Tracks and Trails Strategy recommendations.		
Support development of Heywood Community Garden.		Vic Health
Open the new Brophy facility in Portland mid-late 2023.	 	
Through the My Place Portland project, construct two homes to house a total of five people with disabilities in Portland. These homes will be built to Specialist Disability Accommodation High Physical Support standards.		
Install Electric Vehicle Charging Stations and continue to pursue opportunities for renewable projects to attract investment and increased employment opportunities.		
Continuation of EOI Process for Twilight Cinema following pilot project success, encouraging the cinema to be hosted by community groups to foster ownership and connection.		
Develop and promote a range of EasyEnglish web pages to increase access to frequently used pages.		
Work with business and community groups to identify gaps in arts programming to further consolidate arts and culture offerings and promotion.		
Deliver a scoping strategy (study) on the feasibility of and upgrade of PLACE.		

Increase support for local activities for youth in Glenelg Shire.		Live4Life
Expansion of current Public Health Network funding for community/allied health services.		
Through community networking forums, advertise opportunities to connect the community to leisure via Belgravia Foundation, YOU ME US project to aid Aboriginal and Torres Strait Islander people in the Glenelg Shire.		Belgravia Leisure and Aquatic
Work on funding potential swim teachers to further develop skills.		Belgravia Leisure and Aquatic
Apply for funding to secure the next 4 years of TAC L2P enabling local learner drivers with barriers to achieve 120 hours of supervised driving to secure a provisional drivers licence.		TAC
Implement Year 3 of the Victorian Local Government Partnership under VicHealth in Heywood.		VicHealth, Barwon Health Public Health Unit
Establish two more Little Pantries in Dartmoor and at Dhauwurd Wurrung Elderly and Community Health Services in Portland to support increasing levels of food insecurity across the shire.		Dhauwurd Wurrung Elderly and Community Health Services, Warrnambool and District Food Share.
Partner with South West Community Foundation to provide back to school vouchers to support vulnerable families secure supplies for school readiness.		South West Community Foundation
Partner with AWA Alliance to assist vulnerable students to purchase school approved shoes ahead of Winter.		AWA Alliance, local retailers



Under the equitable access to food strategy, establish contacts with partners in the Glenelg shire to address food insecurity.



Seek input from local partners to identify local health needs, priorities, challenges, emerging issues and trends to inform Population Health Catchment Plan for the Department of Health.



Support community initiatives with the development and delivery of health and wellbeing programs.



Improve accessibility and inclusion for staff & clients of WDEA Works by implementing an Accessibility and Inclusion Action Plan (AIAP).



Establish WDEA Works foundation community grants to promote inclusiveness and access for people with a disability.



Establish partnerships under the Recreation Opportunities Strategy to increase public art through access to Wannon Water facilities across the Shire.



Provide opportunities through the Cycling Without Age program for elderly people to experience their town in a new way, to make social connections and to be out in the fresh air.



Support staff and clients in Council's transition out of Aged and Disability home support and community based services to reduce the impact of this transition.



United Way Glenelg, Salvation Army Portland, CitiPort Church Portland, Uniting Church Heywood, Portland Community Mealshare, St Stephens Anglican church.

Glenelg Shire Council, Local Health Services.

SeaChange, Hands Up Casterton, Live4Life, Beyond the Bell.

Through the purpose built Library outreach van, expand library outreach facilities to community festivals and small town locations to promote Glenelg library programs and resources.

Coordinate and deliver free training programs under FUSE South West to advance skills, build confidence and increase the employability status of young people living in South West Victoria.



YACVic Rural, Glenelg Shire Council, Glenelg Southern Grampians LLEN, Food and Fibre Great South Coast, Community South West, Barwon Health.

## OBJECTIVE 2.2 Building resilient and socially connected communities

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION
Conduct youth engagement sessions in the Glenelg Shire to explore attitudes towards volunteerism in young people.		Glenelg Shire Council, Local Schools
Develop and deliver fundraising events that are co designed by community to attract new and emerging audiences and to demonstrate an innovative approach to showcasing local arts and food.		
Reinvigorate the Thriving Community Partnership South West Victoria which is focused on connecting business and corporate sectors to foster thriving communities and in particular the most vulnerable.		
Build focus within the Glenelg shire to increase provision of service across the area in a more localised way.		
Trial redesign of FReeZa program to increase participation opportunities based on interest areas and event types.		FReeZa
Bring club development workshops to Glenelg, focussing on connecting with young members of the community and building the volunteer base within all clubs.		
Promote inclusive community events which enhance mental and physical health like the community Colour Run.		
Re launch Hands up Casterton initiative, identifying community Champions and increasing the capacity for community led projects.		Glenleg Shire Council, Beyond the Bell, Barwon Health Public Health Unit.



Recognition and promotion of active and former volunteers in sporting clubs.



Deliver programs within the Animal Welfare Centre to provide opportunities for vulnerable persons to engage in care for dogs and cats.



Offer an outreach site in Heywood to assist people with no transport.



Seek data from the community to identify the priority areas around health, education, and financial stability under United Way Glenelg in the next three years.



Deliver Karreeta Koornong Maar Youth Mentor Program for young Aboriginal people aged 12-25 in the Heywood/Portland/Hamilton area to increase young people's awareness of culture and community through a range of activities.



Increase community engagement and awareness of Live4Life through the distribution of a quarterly Friends of Live4Life Glenelg community e newsletter.



Evolve group activities through internal and external partnerships to meet self-identified need for social connections and community participation for older residents across the Shire.



Develop and deliver initiatives to regularly involve older residents in arts and culture across the Shire, including programming activities that are aligned to the needs and interests of our ageing population.

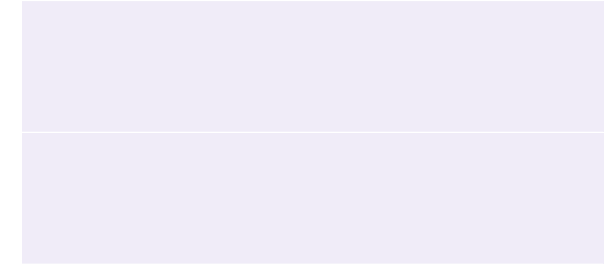


South West Sport, Local Sporting Clubs

Community groups

Council support for continuation of Libraries After Dark programming providing a diverse offering of weekly afterhours activities.

In partnership with United Way Glenelg, expand delivery of Magic of Storytime program to include Casterton.



OBJECTIVE 2.3 Support participation in education, lifelong learning, and employment.

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION
Provide support for 12 to 19 year old students at risk of disengaging in education, through the Level Up Program.		
Seek donations of unused laptops to provide access to refurbished computers for vulnerable students and families.	Lions Club Portland	Icon Investments
Development of industry awareness for local labour market which can lead to work experience and employment.		
Delivery of school leavers employment program in a face to face setting, one on one or in group session's to build confidence, grow skills and independent living capabilities.		
Work with local school communities to deliver program information sessions to assist with employment outcomes.		
Employable skills training offered to participants to develop local labour market knowledge and job readiness skills.		Beyond the Bell and Glenelg and Southern Grampians Local Learning and Employment Network.
Enhance work experience aspirations for year 10 students by seeking accommodation arrangements for those students who choose to complete their work experience away from home.		Secondary Schools, Rotary.
Incorporate opportunities for lifelong learning in Council services for older residents and support the provision of lifelong learning opportunities by external service providers, educational institutions and community organisations		
Under Department of Government Services funding for Digital Literacy for Seniors Program, develop local program for delivery through Glenelg libraries.		



# MEASURING OUR PROGRESS

Glenelg Shire Council will work with its health and wellbeing partners to develop an annual integrated action plan. This plan will outline what initiatives will be undertaken within a 12 month period to achieve the goals and objectives of the Health and Wellbeing Plan. This will ensure a collaborative approach is undertaken to identify and deliver opportunities to improve health and wellbeing across population groups and service delivery areas.

Each annual action plan will identify progress evaluation measures to ensure actions can be tracked and reported to Council and key stakeholders. Action plans will be reviewed and updated annually.

In order to meaningfully evaluate the impact of the Health and Wellbeing Plan, a biennial survey will be developed by Council in collaboration with Integrate Glenelg and its partners. This will facilitate impact and outcome evaluation, allowing for the tracking of goals and objectives and assisting in the identification of emerging health and wellbeing issues.

Alongside the quantitative data evaluating the Health and Wellbeing Plan (e.g. survey results, state government reported data and pre-post program evaluations), case studies, narratives and storytelling will be utilised. These detailed and innovative reporting techniques allow for an in-depth exploration of how health and wellbeing programs impact on individuals and communities. This can often be lost when looking at data collated across programs, objectives, or goals. Case studies, stories and narratives facilitate a rich understanding of the community's experience and the far-reaching impact of the Glenelg Shire Health and Wellbeing Plan. This method will also be used to measure the impact of Commitment 1 and 2 on the health and wellbeing partners.

LEVEL	EVALUATION TYPE	EXAMPLES OF EVALUATION METHODS	REPORTING FREQUENCY
Goals	Outcome Evaluation	<ul style="list-style-type: none"> <li>Survey</li> <li>State Gov Data (e.g., VicHealth Indicators).</li> </ul>	Biennial
Objectives	Impact Evaluation	<ul style="list-style-type: none"> <li>Survey</li> <li>State Gov Data (e.g. VicHealth Indicators).</li> </ul>	Biennial
Actions and Commitments	Progress Evaluation	<ul style="list-style-type: none"> <li>Narrative</li> <li>Case Studies</li> <li>No. of Participants</li> <li>Program evaluation (e.g participant knowledge or behaviour change)</li> </ul>	Annually



 **PORTLAND CUSTOMER SERVICE CENTRE**  
71 Cliff Street, Portland

 **CASTERTON CUSTOMER SERVICE CENTRE**  
67 Henty Street, Casterton

 **HEYWOOD CUSTOMER SERVICE CENTRE**  
77 Edgar Street, Heywood

 PO Box 152 Portland 3305

 1300 GLENELG (1300 453 635)

 [enquiry@glenelg.vic.gov.au](mailto:enquiry@glenelg.vic.gov.au)

 [www.glenelg.vic.gov.au](http://www.glenelg.vic.gov.au)

