

GLENELG SHIRE

MUNICIPAL PUBLIC HEALTH AND WELLBEING PLAN

YEAR 1 REPORT 2022



ACKNOWLEDGEMENT TO COUNTRY

TRADITIONAL OWNERS

Glenelg Shire Council respectfully acknowledges the traditional lands and waters of the Gunditjmara people, Bunganditj people, Jardwadjali people and their respective cultural heritages.

Aboriginal and Torres Strait Islander People provide an important contribution to Australia's cultural heritage and identity.

We respectfully acknowledge the Aboriginal and Torres Strait community living throughout the Glenelg Shire and the contribution they make to the Glenelg Shire's prosperity and wellbeing.

OVERVIEW OF REPORT

THE ICONS BELOW ARE USED THROUGHOUT THIS REPORT AS A KEY TO REPRESENT THE PROGRESSION STAGES OF EACH TASK, PROJECT OR OBJECTIVE IDENTIFIED BY THE GLENELG SHIRE COUNCIL.



Achieved

The Achieved icon will be used when a project/plan has been successfully completed.



Delayed

The Delayed icon will be present in this report when a project/plan has been identified as postponed, not on track or redefined.



In Preparation

The In Preparation icon will be used in this report when a project/plan is in its planning stage and the details are being prepared.



On Track

The On Track icon will be used when a project/plan is progressing, and is likely to achieve what is required within the time identified in the scheduling plan.



Ahead of Schedule

The Ahead of Schedule icon will be used when a project/plan is likely to be completed earlier than planned.

PARTNER AND LOCAL HEALTH ORGANISATION LOGOS

	Kyeema Support Services		Portland Leisure and Aquatic Centre (PLACE)		Hands Up Casterton		Gen U Training
	Brophy Family and Youth Services (Brophy)		Casterton Memorial Hospital (CMH)		OZ Child		Glenelg Aboriginal Partnership
	Dartmoor Bush Nursing Centre		Dhauwurd Wurrung Elderly and Community Health Service Inc. (DWECH)		Australian Breastfeeding Association		NDIS
	Department of Education and Training (DET)		Alcoa		South West Health Care (SWHC)		Department of Environment Land Water and Planning (DELWP)
	Gunditj Mirring Traditional Owners Aboriginal Corporation (GMOAC)		SEAchange Portland		mpower		Active Health Portland
	Headspace		Beyond the Bell		Western District Employment Agency (WDEA)		Live 4 Life
	Heywood Rural Health (HRH)		Merino Community Health Centre (Merino CHC)		Wannon Water		FREEZA
	Portland District Health (PDH)		United Way Glenelg		L2P		Women's Health and Wellbeing Barwon South West (WHWBSW)
	Glenelg and Southern Grampians Local Learning and Employment Network (LLEN)		Winda Mara Aboriginal Corporation (WMAC)		Rotary Club Portland		South West Sport

ACTION PLAN CONTEXT

This is the Year Three Action Plan under the Glenelg Shire Council Municipal Public Health and Wellbeing Plan, 2021 – 2025. There are a number of partners to this Action Plan, who are contributing to the support and increased health and wellbeing of our Shire. The following action plan demonstrates clear lines of responsibility to actions in the recognition of both the lead and supporting partners.

Annual action plans are reported on every year in October to the Department of Health and Human Services as required by Section 26 of the Public Health and Wellbeing Act 2008. The annual report is also made available to the public via the Glenelg Shire Council website.



OUR COMMITMENT TO WORKING TOGETHER

Glenelg Shire communities can reach full potential when we work in collaboration, share resources and build our capacity to deliver change. By embracing risk, learning and building upon previous experience and supporting new and innovative practices, together we can foster thriving communities now and into the future.

We aim to work together to implement the Glenelg Shire Municipal Public Health and Wellbeing Plan in new and innovative ways. We will report on the work we do and the growth we make in this area.



COMMITMENT 1:

Fostering leadership and building collaboration

Together we will:

- advocate to create systemic change
- take a cross-sector and intersectional approach to address complex issues
- foster community leadership and utilise lived experience
- collaborate, share resources and strengthen partnerships
- implement the Glenelg Shire Municipal Public Health and Wellbeing Plan.



COMMITMENT 2:

Building a culture of innovation and learning

Together we will:

- develop skills, capacity and mentoring opportunities
- develop shared measurement, evaluation and learning plans
- support opportunities for idea generation and shared problem solving
- implement new and responsive community-led solutions
- track and learn from our collective experiences.

GUIDING PRINCIPLES

Four principles guide the work that we do towards the goals and objectives:

Although the Guiding Principles are all equally important, they may not be relevant to all initiatives within this Municipal Public Health and Wellbeing Plan. As part of the planning process, the Guiding Principles will be considered and underpin initiatives, where Integrate Glenelg is a new initiative that will oversee, facilitate, evaluate and report on the implementation of the Commitments outlined in this Plan.

The Glenelg Shire area has many great collaborative initiatives that are focussed on tackling single components and issues that impact on the community's health and wellbeing. Integrate Glenelg aims to facilitate stronger integration across multiple and inter-related issues and initiatives to achieve even better community outcomes. Integrate Glenelg aims to 'work smarter not harder' by addressing these common challenges together in a more strategic and integrated way.

Workshops and discussions between local collaborative initiative partners, including Live4Life (youth mental health), Beyond the Bell (education attainment), Hands Up Casterton (young people reaching their full potential) and SEA Change Portland (healthy and well community), have identified many common challenges and a desire to work together to address these. Many of these challenges have informed the Commitments in the Glenelg Shire Municipal Public Health and Wellbeing Plan 2021-25.

Integrate Glenelg aims to be accessible for all stakeholders to contribute to and benefit from the outcomes.



BY COMMUNITY FOR COMMUNITY:

We will work with our communities wherever possible to ensure they are empowered to solve and act on issues affecting them.



EVIDENCE INFORMED:

We will collect, share and use local and regional data, trends and learnings to inform our practice.



SUPPORTING INNOVATION:

We will embrace new thinking and approaches, take calculated risks and challenge the status quo.



SYSTEMS APPROACH:

We will work together with community members to identify all conditions that contribute to health and wellbeing problems. We aim to address these explicit, semi-explicit and implicit conditions in a holistic manner.

GOALS AND OBJECTIVES

GOAL 1:

BUILDING HEALTHY AND WELL COMMUNITIES

A healthy and well community is one where people have a range of opportunities to participate in daily life, be physically active and mentally well.

To support physical and mental wellbeing, individuals require safe environments, access to and knowledge about healthy food and lifestyle options. Research suggests that diversity, inclusion and culture all support the social and economic health of a community. Through acknowledging and embracing our differences, we can instil even more pride and belonging in our Glenelg Shire communities.

★ OBJECTIVE 1.1:

Initiating opportunities for healthy and active living

★ OBJECTIVE 1.2:






Building mentally well communities

★ OBJECTIVE 1.3:

Creating respectful, inclusive, culturally aware & safe communities



OBJECTIVE 1.1 Initiating opportunities for healthy and active living

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION	STATUS	OUTCOME
Engage and work with larger organisations to support them to become breastfeeding friendly workplaces.	Australian Breastfeeding Association	Maternal Child Health – Portland District Health.		Discussions held with the Director of Nursing and Midwifery at Portland District Health (PDH) to establish PDH services as an example to for workplaces across the Shire. Further discussions to be held following the implementation of the new model of PDH Midwifery.
Collect and increase collection of breastfeeding data across Glenelg.	Australian Breastfeeding Association	Portland District Health, Casterton Memorial Hospital, Heywood Rural Health, and Glenelg Shire Council.		Delayed due to changes in Midwifery model. Advocacy for the collection of this data will continue as the model is rolled out.
Deliver at least 4 sessions at Libraries After Dark on healthy eating.	Glenelg Libraries	Portland District Health.		Glenelg Libraries held 5 Healthy Eating sessions as part of the Libraries After Dark program in partnership with Portland District Health and SEACChange. Sessions featured Winter Warmers, Healthy Lunchboxes, Cholesterol, Vegetarian and Diet Myths. All sessions were well attended with a total of over 60 participants taking part in the workshops. The popularity of the workshops will see the partnership continuing into the 2022-23 year.
Engage young people into planning physical activity and active living opportunities.				South West Sport conducted Youth Engagement in 2022, with 92 young people (YP) between the ages of 12-25 from Glenelg Shire participating. Key findings from the youth

engagement within Glenelg highlighted the following:

- 18% of YP said they don't have opportunities to participate in physical activities that interest them.
- 42% of YP highlighted that time was a barrier to participation.
- 47% of YP said they already volunteer in a community sports club.
- 71% of YP said they would consider volunteering in a community sports club.
- 42% of YP are active for more than 1 hour a day.
- 5.4% of YP are active for less than 30 minutes a day.
- 72% of YP suggested friends were an enabler for Physical Activity
- 70% of YP suggested that looking after their physical health was an enabler for physical activity
- 80% of YP said a club being 'Welcoming' was important to them
- 82% of YP said a club being 'Inclusive' was important to them

These findings will shape club workshops and support that will help drive opportunities within community sport that appeal to young people and meet their needs.

Increase health literacy across the community to support nutritional food choices.



SEACHange.



Updated SEACHange website with useful resources including ebooks with regular social media posts generated. Development of label reading cards and 'how to' video distributed through YouTube. Collaboration with United Way on their free Little FREE Pantry project to develop recipes, videos, and promote healthier donations.

Advocate for upgrades to existing sport and recreation reserves and facilities across the Shire.













Continued to support Clubs across the Shire that have sought assistance with funding applications with recent funding released through Sport and Recreation Victoria. Supporting various sport and recreation user groups across the Shire through the provision of minor infrastructure upgrades and future planning (masterplan development) of existing recreation reserves and facilities.

Inclusion of education material and references in event planning guidelines, to assist community in understanding the importance of healthy catering options at events and where to access information.



The Event Management Guidelines are due for completion by November 2022. It will be available as a public resource via Council's website to view or download. A full section is dedicated to healthy food options.

<p>Deliver gym programs aimed at increasing physical activity across a range of programmed activities.</p>		<p>Snap Fitness.</p>		<p>A group of seven participants have a weekly session at a local gym and another five to ten participants use the Kyeema gym weekly.</p>
<p>Deliver 'free' or 'low-cost' sport and active recreation options, for women and girls throughout the Glenelg Shire during 'This Girl Can Week' in March.</p>		<p>PLACE, SEACchange and Hands Up Casterton.</p>		<p>'This Girl Can' was campaign delivered across the Shire including free and minimal cost options for women and girls, including Reformer Pilates classes, walking groups and yoga sessions.</p>
<p>Provide workshops and training opportunities for local Clubs and user groups to offer modified and social sport and recreation activities.</p>		<p>SEACchange.</p>		<p>Developing workshop opportunities with South West Sport for the next 12 months with a focus on club development to offer to local recreation user groups.</p>
<p>Deliver VicHealth Walk to School initiative through a month-long riding and biking to school in sync with 'Walk-tober'.</p>		<p>SEACchange.</p>		<p>10 primary schools across the Shire have signed up to participate in the month long initiative. The two schools with the most creative engagement will be provided with vouchers to purchase additional school sporting equipment. All schools have also been offered footpath decal stickers to mark out a safe walk to school route, from drop off zone to the school gate.</p>
<p>Promote walking and bike-riding locations and routes throughout the Glenelg Shire, to encourage active transport.</p>				<p>As part of the walk to school initiative, students from across the 10 primary schools have identified their favourite walking and riding tracks in their local area. These will be collated and then</p>

Create healthy recipes and instructional videos promoting healthy eating through *Little FREE Pantries*.



SEACHange.



uploaded to the Victoria Walks Website.

Four recipes were developed with the assistance of SEACHange and Portland District Health dietician. A short one minute video and associated QR code has been developed for easy access. Recipe cards were printed and are available in every Little FREE Pantry. Each location of the pantry receives a digital copy of the recipes which are circulated school newsletters.

Promote the benefits of a healthier and more active lifestyle to older residents in the Glenelg Shire, through information sessions, workshops, and programs.



Portland District Health, Heywood Rural Health.



Workshops aimed at promoting positive health outcomes for Seniors in the Glenelg Shire have been held. The sessions have included –

- Footwear (Podiatry)
- Physical Activity (Physiotherapy & Exercise Physiology)
- Nutrition (Dietetics)
- Wellbeing (Social Workers/Counselling)
- Energy Conservation (Occupational Therapy)
- Falls prevention (Exercise Physiology)

Support cancer patients, families, and caregivers to maintain social and active lives.



Support health promotion campaigns through increased and targeted programming.



Reengage young people in the swimming program and continue to grow the school based swimming program following the Drowning Report released July 2021.



SEACHange.



Glenelg Shire Primary Schools.



Portland District Health delivers the Cancer Council's Cancer Support Program via the Oncology Rehab Group and Cancer Link Nurse in partnership with Rotary and PLACE. Participants who attended PLACE engaged primarily with the pool but do have the option to access the gym facility and group exercise.

This Girl Can - Offered free Reformer Pilates classes to the community & throughout this campaign all classes were full.

Offered alternative classes throughout Exercise Right Week. Trialled child friendly Mat Pilates, Men's Reformer and Functional and Mobility classes.

Ran free swimming lessons, free Reformer Pilates and free Mat Pilates during Woman's Health Week.

Swimming memberships and school based Go Swim swimming programs have been restored to pre pandemic numbers with 8 schools participating. Term three saw the greatest numbers in the program for 2022.

Support the transition to self-managed rehabilitation 8 weeks after surgery through community gym membership and participation.



Advocate for funding and implementation of the Great Tasting Water initiative, to reduce saltiness and improve water taste to increase positive public health outcomes, like obesity reduction, improved dental health, and reduced financial impacts.



Support and coordinate Heywood Deadlies - Tyeenangnyoong project aimed at improving health and well-being through walking or running.



Portland District Health



In conversations with Portland District Health to develop this program. Continuing to seek Exercise Physiologists for implementation. Continue to deliver existing program until this can be achieved.

Wannon Water is planning to invest \$16 million to start a flagship program that will ensure better health outcomes and reduced cost of living for residents of Heywood, Portland and Port Fairy. As an initial step new treatment infrastructure to enhance the water quality in at least one of the towns is expected to be complete by 2026. Additional funding is needed to complete all three towns and advocacy is continuing with the State Government.



Maintain and promote weekly catch ups for walking and running in Heywood, providing incentives and support through social media.



Achieved



Delayed



In Preparation





















On Track



Ahead of Schedule

OBJECTIVE 1.2 Building mentally well communities

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION	STATUS	OUTCOME
<p>Increase Live4Life messaging to the wider community, to assist with reducing the stigma around mental health and increase help seeking across the Glenelg Shire.</p>		<p>Live 4 Life.</p>		<p>New Communication Plan drafted. Updates are frequently made to the Glenelg Shire Council Youth page. A new Live4Life Glenelg Facebook page is in preparation. Development and delivery of a new Live4Life Glenelg Community newsletter has been achieved.</p> <p>To date 234 youth crew members have been trained to deliver youth led initiatives across the Shire containing Live4Life messaging.</p>
<p>Increase opportunities for L2P mentors to access local training, that will assist with them in understanding young people and their needs (e.g. Youth Mental Health First Aid).</p>		<p>Live 4 Life, Glenelg and Southern Grampians Local Learning and Employment Network.</p>		<p>Delivered two rounds of Youth Mental Health Training. TAC - Understanding Young People training was also offered to all L2P mentors.</p>
<p>Continue to deliver a client service model that advocates for client needs. Providing appropriate holistic support and education in a respectful and inclusive way.</p>				<p>Client Service model being delivered and refined as required.</p>
<p>Coordinate and deliver the BubblesRound project through the stakeholder group Glenelg Shire Children’s Care (GSCC),</p>		<p>Narrawong Primary School.</p>		<p>On hold due to limited capacity.</p>

<p>which recognises the importance of carers within the Shire and actively works to connect people with services and support.</p>				
<p>Increase staff mental health training.</p>				<p>Mental health training is included as part of staff training days.</p>
<p>Coordinate and publish <i>More Than a Label</i> mental health campaign aimed at removing stigma from mental conditions.</p>				<p>Campaign complete and resources distributed on social media and throughout the Health Service.</p>
<p>Strengthening partnership with Alcoa to support youth mental health and wellbeing under Live 4 Life Glenelg banner (Portland).</p>		<p>Alcoa, Youth Live 4 Life, Youth Live 4 Life Glenelg, and Glenelg Shire Council.</p>		<p>New Partnership Officer role created under Glenelg Live4Life which commenced in July 2022 working with Youth Live4Life and Portland Aluminium to broker strong partnerships. Career Expo participation promoting partnership opportunities.</p>
<p>Implementation of Youth Mental Health training within the community.</p>		<p>Youth Live 4 Life Glenelg and Glenelg Shire Council.</p>		<p>15 community members trained in Heywood (August 2022). Training schedule released for the next 12 months.</p>
<p>Appointment of Live 4 Life crew members across the Shire.</p>		<p>Youth Live 4 Life Glenelg and Glenelg Shire Council.</p>		<p>45 young people have signed up as crew members across the Shire.</p>

Deliver Youth Live 4 Life camp.

Deliver Teen Mental Health training within Secondary Schools.



Youth Live 4 Life Glenelg and Glenelg Shire Council.

Youth Live 4 Life Glenelg, Glenelg Shire Council and Secondary Schools.



9 Crew members from across Glenelg Shire attended the YMCA camp along with 50 other crew members from across Victoria. There were team building activities, public speaking sessions and media sessions.

Teen Mental Health First Aid Training provided to all year 8 and year 11 students in all high schools across Glenelg Shire.



Achieved



Delayed



In Preparation











On Track



Ahead of Schedule

OBJECTIVE 1.3 Creating respectful, inclusive, culturally aware & safe communities

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION	STATUS	OUTCOME
<p>Establish an internal Council Gender Equality working group to apply a gender and inclusivity lens over new and revised Council projects, services, and policies.</p>				<p>Gender Equity Working Group formed and are working on a Gender Impact Assessment Impact Assessment training being held for 60 Glenelg Shire Council staff in November 2022.</p>
<p>Advocate for accessible infrastructure in the Glenelg Shire to provide more opportunities for active living.</p>		<p>Glenelg Shire Council.</p>		<p>This is ongoing work including advocacy at Regional Networks, through Sport and Recreation Victoria and Regional Sport Victoria, through strategic plans, and within participation planning at a club level. A participation planning activity has been undertaken at Portland’s Alexandra Park, to support inclusive and accessible use of the new facility.</p>
<p>Support clubs across the Glenelg Shire to develop inclusive participation opportunities, including All Abilities, Women and Girls, LGBTIQA+ and First Nations.</p>		<p>Glenelg Shire Council.</p>		<p>Due for Delivery in 2023. Delayed due to staff recruitment within the Access for All Abilities Program.</p>
<p>Increase community awareness of the 16 Days of Activism campaign and apply a gender lens across all service areas.</p>		<p>Glenelg Shire Council, Portland District Health and Heywood Rural Health.</p>		<p>Delivered social media campaign during 16 Days of Activism using Respect Victoria ‘Respect Is’ resources.</p>

Create a Culturally Safe Space Policy for Portland District Hospital and the connected health services.



Connect with local health organisations to support arts initiatives in their community service spaces, i.e., waiting rooms and clinics.



Deliver on the Year 1 actions in the Gender Equality Action Plan to further strengthen Council's commitment to gender equality and inclusion with a focus on leadership and advocacy to improve diversity.



Include guidance material for *One and All Inclusive Events* on Council website to promote inclusive events across the Shire.



Aboriginal and Torres Strait Islander Cultural Safety Policy complete and implemented.

Delayed due to recruitment and staffing capacity.

Gender Equity Action Plan endorsed and the following achieved:
Gender Equality Working Group formed.
Staff trained in awareness of workplace sexual harassment, implementation of Sensitive Incident Reporting, update of Organisational Policies and Procedures.
Appointment of Access and Inclusion Officer. New Leave Policy implemented including Flexible Leave arrangements in the form of additional leave models.



Currently provided in section on the Events & Festivals organisers help page on Council's website.

Increase visibility of Aboriginal culture in civic spaces.



Establish an Aboriginal partnership working group, to improve opportunities for collaboration and cross promotion between the four partnering Organisations.



Glenelg Aboriginal Partnership

Provide cultural awareness training to Glenelg Shire Council staff.



Glenelg Aboriginal Partnership.



Dhauwurd Wurrung Elderly and Community Health Service Inc., Winda Mara Aboriginal Corporation, Gunditj Mirring Traditional Owners Aboriginal Corporation and Glenelg Shire Council.



Regional Development Victoria funding secured for the creation of a ceremonial/dance ground space within the Foreshore Redevelopment. Pulambeet Playspace interpretive signage project initiated within the Aboriginal Partnership.

Partnership Working Group is established and has met monthly since the establishment of the new Terms of Reference and continues to seek opportunities to collaborate.

The Koorie Heritage Trust delivered their Building Aboriginal Cultural Competency module for 40 staff with another session scheduled in early 2023 for the Leadership team and Councillors.



Support local LGBTQIA+ young people and their allies to hold a community event to educate others about IDAHOBIT day.



Community IDAHOBIT event held on 15 May 2022 which was organised and facilitated by the local Skittles program and hosted a guest speaker from Geelong Rainbow on ways to be an inclusive and supportive ally. LGBTQIA+ resources were supplied for community members attending the event.

Support opportunities for cultural expression and storytelling.



Supported the delivery of local theatre groups' short plays season which featured works of local playwrights. Damian Callinan's *Mayor for A Day* project saw the artist working with local people to gather stories and humorous observations from the region which were later included in the performance. The performance was a sell-out. Group exhibitions at the Portland Arts Centre support local artists to express themselves and connect with the community. We support annual group exhibitions for First Nations Artists, Young Artists, and Artists with a Disability.

Delivery of Ngootyoong (safe place) – Yarning Circle Group Program targeting young Aboriginal men and boys.



Dhauwurd Wurrung Elderly and Community Health Service Inc. and Winda Mara Aboriginal Corporation.



Group delivery was finalised and completed March 2022 but was heavily interrupted by COVID-19. 14 young Indigenous people were involved with the project and the report has been published. Evidence from the successful delivery has informed the importance of educating young Indigenous people through Yarning Circle sessions and fostering relationships with young Aboriginal people and community.

Raise employers' capacity to create safe and respectful work environments for students through education and support.



Through the Enhanced Work Experience project, an online resource for employers to encourage the creation of meaningful work experience opportunities for students has been developed. In the process of creating an employer database to offer training opportunities around safe and respectful work environments.











Raise aspirations of marginalised young people to secure respectful, culturally aware, and inclusive career opportunities



Passport 2 Employment and Western District Employment Agency.



With funding from Pacific Hydro completed the Career Education Through Storytelling project, 6 films were created featuring 7 young people and their journey to meaningful employment. Films have been viewed by 150+ in P2E student cohort, career expo, and groups of year 9 as part of industry tours.

<p>Empower young people to lead diversity and inclusion advocacy in the job market.</p>		<p>Secondary Schools.</p>		<p>Gender Expression Sessions program aims to support hair salons to be inclusive employers and service providers through training on gender diversity.</p>
<p>Enhance participation of people with disabilities in sporting clubs.</p>		<p>South West Sport.</p>		<p>Project was initiated by interacting with a local football club but has since been delayed by COVID-19. Looking to reactivate in the 2023.</p>
<p>Implement a Reconciliation Action Plan and engage staff to undertake Cultural Awareness training as part of their induction to ensure First Nations people feel culturally safe accessing services.</p>				<p>All Staff are booked in for Cultural awareness training workshops for 2022-2023.</p>
<p>Launch a Financial Inclusion Action Plan which includes a commitment to increase the value of spend with social enterprises, disability enterprises and Aboriginal businesses.</p>				<p>Financial Inclusion Action Plan launched, inclusive of commitment to increase the value of spend with social enterprises, disability enterprises and Aboriginal businesses.</p>
<p>Provide an Orange Door Family Violence access point for wholistic support in Portland and Heywood.</p>		<p>Brophy and Emma House.</p>		<p>Infrastructure in place, opening pending staff resourcing.</p>

Support development of policies under the Fair Play Code across clubs in the Glenelg Shire to drive gender equity as well as equal and fair access to sporting facilities.



Glenelg Shire Council.



On hold until Fair Access Roadmap is released. Implementation of this work will likely occur over the 2023-2024 action planning cycle.



Achieved



Delayed



In Preparation



On Track



Ahead of Schedule

GOALS AND OBJECTIVES

GOAL 2:

BUILDING STRONG COMMUNITIES

A strong community is one where people can live, work and play in a safe environment and be resilient when faced with challenging situations.

Addressing such needs as secure housing, financial stability, community connectedness, access to education and employment, as well as addressing the impacts of climate change, all contribute to the foundations of a strong and resilient community. Whilst Glenelg Shire has a vibrant community spirit, safe neighbourhoods and high rates of volunteerism, we can still do more to support community resilience and active participation in community life.

★ OBJECTIVE 2.1:

Enhancing accessible neighbourhoods, services and activities

★ OBJECTIVE 2.2:




Building resilient and socially connected communities









★ OBJECTIVE 2.3:







Support participation in education, lifelong learning and employment



















OBJECTIVE 2.1 Enhancing accessible neighbourhoods, services and activities

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION	STATUS	OUTCOME
<p>Develop a Youth Arts program that is based on an identified gap for young people to engage in free or low cost creative arts programming.</p>				<p>Year 1 of the 3 year Theatrepalooza performing arts program has been implemented. Including a term long after school Arts program held at Julia Street Creative Space. As well as a Youth Theatre Program in the September School Holidays, which included a performance to over 50 audience members.</p>
<p>Support better access to public transport for all abilities, including advocating for more appropriate bus service timetabling.</p>				<p>Delayed due to capacity.</p>
<p>Promote access to telehealth options to rural and remote communities to increase accessibility to services despite transport barriers.</p>				<p>Delayed due to capacity.</p>
<p>Identify areas within Glenelg that walkability could be improved to support increased use of active transport.</p>				<p>Delayed due to capacity.</p>
<p>Identify opportunities for more affordable housing across Glenelg.</p>		<p>Glenelg Shire Council.</p>		<p>Delayed due to capacity.</p>

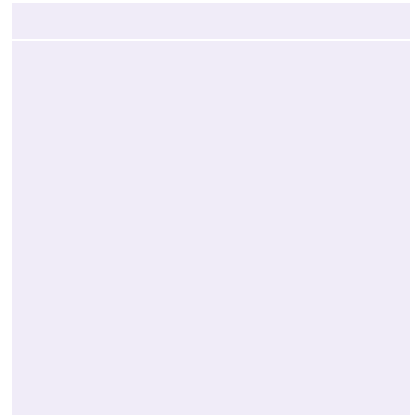
<p>Undertake community engagement work to understand the impacts of COVID on Aboriginal Women's mental health, from a determinants lens and amplify their voices to decision makers at Local and State levels.</p>				<p>Forty-one Aboriginal women participated in this project across the three sites, contributing their art expression and responding to the survey. Thirteen Aboriginal women engaged in the yarning sessions, sharing their challenges and triumphs during the recent Covid-19 crisis. All participants identified as female and ranged in ages from 14 years old to over 65 years old. Report launched at Annual General Meeting 27 October 2022.</p>
<p>Embed Telehealth to enable community to connect with health services outside of the Great South Coast region (i.e., Metro).</p>				<p>Telehealth has been imbedded with community who choose Dietetics services at Heywood Rural Health. The process of expanding community telehealth services within Heywood Rural Health is in progress.</p>
<p>Support sporting and recreation clubs to develop social and modified participation opportunities to enhance engagement opportunities for people with disabilities.</p>		<p>Glenelg Shire Council and Kyeema.</p>		<p>Due for Delivery in 2023. Delayed due to staff recruitment within the Access for All Abilities Program.</p>
<p>Expand L2P program promotion to more agencies that support young people, especially those who are disadvantaged or from diverse backgrounds to</p>		<p>L2P.</p>		<p>Continuing promotion to agencies regarding access for vulnerable young people. Currently working on partnership with WDEA to offer mentor training to case workers who will then offer L2P mentoring to clients under the L2P program.</p>

<p>enhance service visibility and increase accessibility to a wide range of young people.</p>				
<p>Develop an efficient online system of reuniting lost animals with their owners.</p>				<p>Facebook profile established and utilised for advertising lost animals, educational and promotional materials.</p>
<p>Hold a disability information session to inform people with a disability and their families, carers and supports, of their legal rights and obligations, when a child turns 18 years old.</p>				<p>Information session 'Preparing For Your Future' held 19 May 2022. Keynote speakers from NDIS and Kyeema Support Services delivering information on what was offered, how to apply for, and how to receive the opportunities available for people with a disability turning 18. Session was targeted at 15 years and above.</p>
<p>Develop and plan for a 2022-2023 Summer "Accessible Beaches" event, to showcase the mobility equipment to offer everybody easy access to the ocean or to walk along the beach.</p>				<p>Due to the high demand on the event providers, looking to hold this event in 2023 – 2024 year.</p>

<p>Investigate the implementation of companion cards across Glenelg Shire premises.</p>				<p>The use of Companion Cards will be acknowledged as policies and are routinely reviewed where the terms and conditions of the card usage can be incorporated. This expectation will also apply to external groups and agencies who receive funds and/or grants from Council or who use Council facilities.</p>
<p>Increase the accessibility of Council buildings, to ensure Disability Discrimination Act compliance.</p>				<p>Inspections of Council facilities will be undertaken in November and December 2022 which includes an access perspective. From this a prioritised list of upgrades will be developed, including identified required funding and resources needed to achieve the work.</p>
<p>Create a survey around way finding to the Portland Council Offices, Portland Visitor Information Centre, and Portland Library, to collect data that will be used to enhance accessible signage.</p>				<p>Survey development on hold due to Portland Municipal Office renovations after flooding. Survey will be developed in 2023 when staff and public access to this building is restored.</p>
<p>Promote independent living through Accessible Community Transport options for older residents across the Shire.</p>				<p>Continue to provide structured delivery of accessible transport services that assists older members of the community to continue with their usual activities. Such as:-</p> <ul style="list-style-type: none"> • Attending community groups

				<ul style="list-style-type: none"> • Attending appointments • Shopping • Staying Social
<p>Advocate for access and inclusion in the external working group for Glenelg Shire Council Alexandra Park Inclusive Environments Project.</p>		<p>Glenelg Shire Council.</p>		<p>Kyeema proactively advocated for the project submission and has a staff member on the steering committee for the redevelopment project.</p>
<p>Enhance service delivery of School Leavers Employment Supports program by implementing a hybrid service model.</p>				<p>A hybrid model has been implemented as well as face to face servicing.</p>
<p>Support workplace volunteering and increase flexible working arrangements for employees to achieve greater participation in family and community life.</p>				<p>Wannon Water has expanded flexible working arrangements for employees and continues to support workplace volunteering across the region. Employees have indicated very high levels of satisfaction with their work/life balance.</p>
<p>Launch Recreation Opportunities Strategy demonstrating a commitment to support health and wellbeing, sport, and recreation opportunities by increasing public access to Wannon Water facilities across the Shire.</p>				<p>Wannon Water has completed its first Recreation Opportunities Strategy which was launched in October 2022.</p>

Investigate community engagement opportunities under the Recreation Opportunities Strategy to increase public art through access to Wannon Water facilities across the Shire.



Investigations will commence after the launch of the Strategy in October 2022. The strategy builds on existing public art outcomes on Wannon Water assets established in recent years, including the Heywood Water Tower Indigenous war memorial mural completed in May 2021.



Achieved



Delayed



In Preparation



On Track



Ahead of Schedule

OBJECTIVE 2.2 Building resilient and socially connected communities

Seek funding to connect women from diverse professional, cultural and socioeconomic backgrounds through a collaborative and reciprocal mentoring program, encompassing a series of leadership workshops and the facilitation of networking opportunities. The project will aim to develop deeper connections, resilience and adaptability within communities affected by crisis.



Funding application unsuccessful.

Support public art projects to grow the visibility of art and increase the number of beautified spaces and places across the Shire.



Installation of a new mural at the rear of the Portland Library by local artists.
Sculpture commemorating the sporting achievements of Casterton born athlete, Kathryn Mitchell made by local artist and installed in Casterton.

Engage local artists into Aged and Disability programs to support creative expression.



Delayed due to staffing shortages. Unable to facilitate additional programs.

Increase the knowledge of Home and Community Care workers on All Ability Access including new and



Ongoing discussions with Support Workers about all ability access. Information shared at team meetings

emerging social supports that are available across the Shire and to Shire residents.

Explore digital literacy programs for seniors in partnership with Glenelg Libraries.



and through individual staff one on ones.

Collaborated internally and externally with a diverse group of stakeholders to promote digital literacy opportunities for seniors. Completed BeConnected program in partnership with Casterton Memorial Hospital and Glenelg Library. Sessions include

- Getting started - Phone, Tablet and Laptop skills
- Getting connected – Internet, Wifi and Bluetooth
- How to be safe – Privacy, Protection and Scam Awareness
- Navigating the Internet – Government websites and MyGov
- Getting online – Online banking, Shopping and Social Media
- Smart Devices, how can they help you

Create an expressions of interest opportunity for the Twilight Cinemas to enable community groups to facilitate the events and fundraise with assistance from Council in a range of locations across the shire.



Deliver a volunteer recognition program, that celebrates volunteers in the sporting and recreation space within the Glenelg Shire.



Expressions of Interest (EOI) have now closed for the Twilight cinemas with 10 EOI's received from Portland, Heywood and Casterton community groups. The EOI form included a section that asked for applicants to detail how they would deliver the event in alignment with the Municipal Public Health and Wellbeing Plan Objective 2.2. EOI's have been reviewed and the successful applicants will be able to deliver their cinema prior to 30 June 2023.

On hold due to staff capacity. Will be rolled over into the 2022-23 plan.

Implement the ARTSGLENELG Arts and Culture Strategy 2022 - 2026 to support the development of creative facilities to promote inclusive programming.



Coordinate the delivery of volunteer support services for older residents.




Support community lead projects and events across the Shire to increase social connections between neighbourhoods for people over the age of 55.



ARTSGLENELG Strategy has been developed, approved by Council and work plans are being implemented under the strategy. Glenelg Shire Council representatives sit on the steering committee for the South West Creative Industries Strategy and Creative Infrastructure Pipeline Project Control Group to ensure that the strategy remains aligned with State and Federal Arts Policy, and to stay abreast of funding and project opportunities.

Engaged older residents in a number of volunteering opportunities within the Glenelg Shire. Providing support with enrolment and identifying best opportunities to diversify their skills within their volunteering roles.

Currently working with Community groups to develop events, activities, and programs. There have been challenges in re-engaging in a post COVID-19 environment.

<p>Provide opportunities for social connections and community participation through new programs for people over the age of 55 that meet the evolving needs of the community.</p>				<p>Engaged in extensive community consultation and developed a number of programs based on the self-identified needs of the community. Engage volunteers to support the facilitation of new program initiatives and constantly evolve as lead by community.</p>
<p>Work with parents and other care givers before and after separation to improve relationships, reach agreements and see and maintain contact with children in a safe way.</p>				<p>Providing a Regional Family Dispute Resolution program which offers mediation and counselling services to residents in Portland.</p>
<p>Provide Winter Care Packages to prevent older residents from disconnecting from the community, making them feel valued as community members.</p>				<p>200 Care packages were delivered to residents in need. Feedback from the clients was very positive. We have a strong working relationship with Julia Street Creative Space and have begun engaging local craftspeople to donate their time to collectively make 200 blankets for our 2023 Winter Care Packages. Recourses are free to volunteer craftspeople.</p>
<p>Recommence advocacy group for the Find Your Voice Choir post Covid-19.</p>				<p>The Choir was reactivated this year and Kyeema has six members</p>
<p>Coordinate community events and engagement for Cultural Heritage to support community</p>				<p>Celebration planned for the 40 Year anniversary of the Alcoa vs Onus landmark Native Title case. This has</p>

cohesion and self-determination.

been delayed since 2021 due to the COVID-19 pandemic.



Achieved



Delayed



In Preparation




















On Track



Ahead of Schedule

OBJECTIVE 2.3 Support participation in education, lifelong learning and employment

ACTION	LEAD ORGANISATION	PARTNER ORGANISATION	STATUS	OUTCOME
<p>Implementation of the ReEngage! program to support the development of event management skills and increase the participation of young people in civic engagement and community lead activities and events.</p>				<p>Coordinated a youth lead program to deliver a Bake Sale which raised money for Animal Welfare. 7 young people hosted the Bake Sale at Portland Secondary College. Over the course of the term 15 young people from the Re-engagement School were involved in this project.</p>
<p>Investigate further opportunities for Apprenticeships and Traineeships within Council.</p>				<p>Council continues to investigate and identify opportunities for apprenticeships and trainees under work force planning. A horticultural apprentice and five Children's Service trainees were appointed in the 2022 Calendar year.</p>
<p>Provide opportunities for tertiary study placements at the Animal Welfare Centre.</p>				<p>The Animal Welfare Centre hosted several work experience students in 2022.</p>
<p>Support volunteer placements at the Animal Welfare Centre.</p>				<p>Several volunteers have been appointed since the opening of the Animal Welfare Centre.</p>
<p>Support pathways to high demand industries by providing <i>Certificate 4 in</i></p>				<p>Certificate 4 in Disability and Certificate 3 in Individual Support</p>

<p><i>Disability and Certificate 3 in Individual Support</i> and increasing access to this training for individuals with barriers.</p>				<p>are now being offered in Portland as a part of WDEA Training.</p>
<p>Strengthen identification, referral and support processes for vulnerable children and their families, so they can more easily participate in early childhood care and education and receive additional support.</p>				<p>The referral form has been developed and distributed to relevant organisations within the shire. Council need to work with organisations to start using the form and referring families.</p>
<p>Deliver <i>Stepping Stones to School</i> early childhood transition project and build capacity across sectors through support and training for health and education.</p>		<p>Beyond the Bell and Glenelg and Southern Grampians Local Learning and Employment Network.</p>		<p>Stepping Stones to School in Glenelg is now in its seventh year and, guided by its highly committed and strong steering committee, has evolved one of the highest standards of implementation in the region. 20 – 25 foundation students from vulnerable families were successfully transitioned to school in 2022.</p>
<p>Broker career pathway opportunities between Secondary School students and employers across the Shire, through the Enhanced Work Experience Project.</p>		<p>Secondary Schools, Western District Employment Agency, and Rotary.</p>		<p>Presented to all Year 10's at Secondary Schools (except Casterton) around the value of work experience. Presentations also provided to Parents on how to support students through work experience placements.</p>
<p>Provide adult education opportunities to support career pathways.</p>	<p>Neighbourhood House Casterton</p>			<p>On hold due to limited capacity.</p>

Host industry tours, incursions and career based activities for local secondary students.



Develop and deliver in house education program and support employment pathways.



Western District Employment Agency



130 Year 9 students from Portland Secondary, Heywood and District Secondary College and Bayview College took part in industry tours, showcasing 17 employers. Conducted 12 Future Leaders tours across 6 industries. 22 Passport 2 Employment participants attended over two days with 8 local employers represented.

Kyeema employs three trainees and have provided support for one participant to transition from supported to mainstream employment. The three retail businesses continue to provide supported employment to twenty-three participants and is increasing over time. Implemented in-house general education program that was previously delivered by a third party. Consultants engaged to work on keeping Local Learn programs active in Portland. Kyeema is the new auspice body for the Portland Neighbourhood House Coordination Program.



Implementation of phase 2 of the Youth Conversations initiative - responding to youth voices on education, community, and pandemic to establish priority areas to build career pathways and education opportunities.



Live 4 Life and Glenelg Local Action Group.



Phase 2 of Youth Conversations is well underway. The Youth Reference Group (Making a Difference, South West Coast), consists of representatives from each Local Government Area. The Group assisted in planning, organising and running the Portland Careers expo. are also currently working towards advocating for and promoting Live 4 Life to be implemented in all Secondary Schools across the six Local Government Areas of the Great South Coast.

Launch the Tae Rak Aquaculture Centre providing education, employment, social cohesion, cultural strengthening, self-sufficiency, and wellbeing benefits.



Facility has been operating since July with a high volume of tours being conducted and complemented by a comprehensive marketing campaign.

Support pathways to high demand industries by providing Certificate 4 in Disability and Certificate 3 in Individual Support and increasing access to training for individuals with barriers.

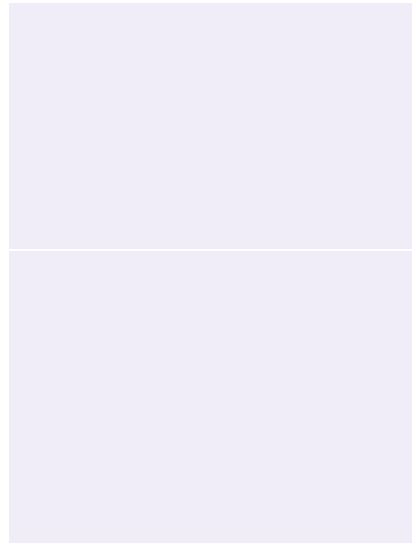


Brokering partnerships with local service providers such as Kyeema Support Services, Southern Stays, BUPA, Portland District Health and Seaview House. Have increased the number of training sessions for individuals with barriers to gain certificates so they are work ready.

Offer First Aid training to support all organisation across the shire who require first aid compliance.



Provide Workforce Australia program Transition to Work and Employability Skills Training program, enhancing work readiness for participants.



Provision of new First Aid certificates are now offered in Portland from WDEA Training. Mental Health First Aid Training is also now offered.

Provision of Workforce Australia program Transition to Work and Employability Skills Training program, enhancing work readiness for participants have all been implemented at the Portland Office and going extremely well with excellent participant numbers.



Achieved



Delayed



In Preparation



On Track



Ahead of Schedule

MEASURING OUR PROGRESS

Glenelg Shire Council will work with its health and wellbeing partners to develop an annual integrated action plan. This plan will outline what initiatives will be undertaken within a 12 month period to achieve the goals and objectives of the Health and Wellbeing Plan. This will ensure a collaborative approach is undertaken to identify and deliver opportunities to improve health and wellbeing across population groups and service delivery areas.

Each annual action plan will identify progress evaluation measures to ensure actions can be tracked and reported to Council and key stakeholders. Action plans will be reviewed and updated annually.

In order to meaningfully evaluate the impact of the Health and Wellbeing Plan, a biennial survey will be developed by Council in collaboration with Integrate Glenelg and its partners. This will facilitate impact and outcome evaluation, allowing for the tracking of goals and objectives and assisting in the identification of emerging health and wellbeing issues.

Alongside the quantitative data evaluating the Health and Wellbeing Plan (e.g. survey results, state government reported data and pre-post program evaluations), case studies, narratives and storytelling will be utilised. These detailed and innovative reporting techniques allow for an in-depth exploration of how health and wellbeing programs impact on individuals and communities. This can often be lost when looking at data collated across programs, objectives or goals. Case studies, stories and narratives facilitate a rich understanding of the community's experience and the far-reaching impact of the Glenelg Shire Health and Wellbeing Plan. This method will also be used to measure the impact of Commitment 1 and 2 on the health and wellbeing partners.

LEVEL	EVALUATION TYPE	EXAMPLES OF EVALUATION METHODS	REPORTING FREQUENCY
Goals	Outcome Evaluation	<ul style="list-style-type: none"> • Survey • State Gov Data (e.g., VicHealth Indicators). 	Biennial
Objectives	Impact Evaluation	<ul style="list-style-type: none"> • Survey • State Gov Data (e.g. VicHealth Indicators). 	Biennial
Actions and Commitments	Progress Evaluation	<ul style="list-style-type: none"> • Narrative • Case Studies • No. of Participants • Program evaluation (e.g participant knowledge or behaviour change) 	Annually



 **PORTLAND CUSTOMER SERVICE CENTRE**
71 Cliff Street, Portland

 **CASTERTON CUSTOMER SERVICE CENTRE**
67 Henty Street, Casterton

 **HEYWOOD CUSTOMER SERVICE CENTRE**
77 Edgar Street, Heywood

 PO Box 152 Portland 3305

 1300 GLENELG (1300 453 635)

 enquiry@glenelg.vic.gov.au

 www.glenelg.vic.gov.au

