NEWSLETTER













A MESSAGE FROM OUR TEAM LEADER INTEGRATED EARLY YEARS SERVICES

As the year continues to move quickly, we are already looking at the 2023 Long Day Care Enrolment period.

As in previous years, we will ask current families to update their child's enrolment information and select their long day care preferences for 2023. Within this we need to apply a priority of access to all children:

- 1. Children at risk of abuse or neglect.
- 2. A Child of a parent (or both parents if you have a partner) who satisfies the Government's work, training and study test.
- 3. Any other child

We will allocate subject to educator availability to ensure we meet our child to educator requirements.

Once we have completed this round of allocations, we will open the enrolment period up to new families.

For any families who have also enrolled in Kindergarten at an Integrated Service that provides Before/After Kindergarten Care, please note this will be the time to submit preferences / enrolments for these programs also.

Kind regards, Kate Lyons



OFFICE NEWS & REMINDERS

The best way to get in touch with us

Children's Services Customer Service Team

Tel: 1300 453 635

Email: childrenservicesenquiry@glenelg.vic.gov.au

Fee or Account Enquiries, Children's Services Accounts Team

Tel: (03) 5522 2515

Email: csaccounts@glenelg.vic.gov.au



Absence Notifications

We would like to ask that families please notify the Children's Services Team as soon as possible if your child will be absent from their program. This can be done via the Xap Smile App or through the following methods:

Phone - 1300 453 635

Email - childrenservicesenquiry@glenelg.vic.gov.au

Updated Immunisation History Statement

If you child has received immunisations since January 2022, please ensure that you provide your service with an updated Immunisation History Statement to ensure that your child's records are up to date. Updated copies can either be emailed or handed in hard copy to your service.

Email – <u>childrenservicesenquiry@glenelg.vic.gov.au</u>



Updated Fees and Charges

On Tuesday 28 June 2022 Council adopted the new fees and charges schedule for our Long Day Care programs. These changes took effect from the first full week in July 2022. To view the current fees and charges schedule, please click on the following links:

Long Day Care: https://www.glenelg.vic.gov.au/files/assets/public/our-services/children-and-family/long-day-care/2022-2023-session-times-and-fees-for-child-care.pdf

Kindergarten: https://www.glenelg.vic.gov.au/files/assets/public/our-services/children-and-family/kindergarten/2022 fees and charges for kindergarten programs final.pdf













PO Box 152, Portland VIC 3305

PREVENTION OF BURNS

Glenelg Shire Council understands the importance of educating our service users about the prevention of burns and scalds by providing relevant information.

There are several useful resources that families can access to gain knowledge around burns and scalds and the appropriate first aid for these types of injuries.

To view an easy to read facts sheet for the first aid of burns and scalds, please click on the link this link: https://www.kidsafevic.com.au/wp-content/uploads/2021/06/Easy-to-Read-Fact-Sheets-Burns Scalds.pdf

For further information around this topic, please visit the Kidsafe Victoria Website: https://www.kidsafevic.com.au/home-safety/fire-safety-burns-and-scalds/















FAREWELL



Stephanie Berry Casual Educator

RECRUITMENT

Glenelg Shire Council currently has a number of positions vacant in the Children's Services Unit. For more information please visit https://hcm618.peoplestreme.net/glenelgshirecouncil/ erec external.asp

















FROM OUR SERVICES

Dartmoor Children's Centre

These past few weeks we have enjoyed being outside in the winter sunshine. We have been using various natural materials within our play spaces. Using these materials creates an environmental awareness and supports children to care for natural environments. Sensory play encourages exploration, curiosity, problem solving, creativity, language and motor development. Plus, finger painting on bark is so much fun!











Heywood Kindergarten

Thanks to the Heywood Bendigo Bank, we now have bike helmets for every child to use while they are riding bikes at kinder.

This sponsorship from the local bank was fantastic. We will be able to use these helmets every year. This is how a small community can work together and support each other to have a positive impact on our young children's lives.

A special thank you goes to Portland Bike and Skate for giving us a great deal and also Alicia Tavare and Chelsea Betheras (Parent's & Friend's Committee) for the work they put in to make this happen. What an amazing community we belong to.



Glenelg Shire Children's Services











FROM OUR SERVICES

Jaycee Kindergarten

On Monday the 18 July the penguin group came to kinder in our PJ's supporting National PJ Day. National Pyjama Day is all about wearing your favourite pair of PJs to help The Pyjama Foundation raise much needed awareness and funds for children in foster care. Throughout the day the children engaged in a range of art and craft experiences and played outside all in the comfort of their pyjamas. We would like to thank all the families for their gold coin donations.











Kalbarri Kindergarten

At Kalbarri Kindergarten we have incorporated the children's voices within our room, we had a discussion with both the 3-year-old and 4-yearold groups.

The children had decided that they were interested in a fairy themed area, they have been busy making fairies and crowns to use in their play.

In the 3-year-old group they have been looking at the different shapes and experimenting with a variety of colours.

In the 4-year-old group we have been practicing and developing many skills through presenting show and tell in front of their peers. This is allowing the children to communicate verbally and non-verbally to the group, further their confidence and to grow as individual.





Glenelg Shire Children's Services



1300 453 635







FROM OUR SERVICES

Karreeta Peeneeyt Mara Portland Child and Family Complex

We have recently completed the review of our Service Philosophy. A Philosophy is a document that collates and reflects the beliefs and values of those who are associated with our service. That includes the voice of you our families, our educators, managers and importantly, the children.

Together with the Approved Learning Framework, it assists educators in considering the service's approach to learning, development and wellbeing.

We are very proud of our Philosophy statement which provides us with clear values on how we deliver education and care services. Here are some images of our Philosophy in action.





Kathleen Millikan Centre

Over the last term the Meeyam children have been enjoying a vast range of art and sensory play.

The children are given the opportunity to choose their own paint colours as well as the experience of using their hands to explore the sensory aspects of paint. We display the children's artwork throughout the room to create a sense of belonging in the environment as well as sending finished pieces home for children to share with their families.

Educators created sensory shapes using cellophane and textured paper for the children to explore as well as begin their shape recognition. The children also used natural resources in the room, squishing sand between their fingers and feeling the different textured woods from the outdoor environment.







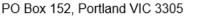


Glenelg Shire Children's Services













Little FREE Pantries Initiative

United Way Glenelg has partnered with SEA Change Portland to develop 4 nutritional and filling recipes suitable for everyone, regardless of cooking experience using staple items from the Little FREE Pantries.

Location of Little FREE Pantries

- The Little FREE Pantry is open 24 hours a day, 7 days a week.
- Bundarra Primary School Edgar Street Portland
- Portland Primary School Palmer Street Portland
- Portland South Primary School Moorhouse Street Portland
- Elsa MacLeod Kindergarten Henty Street Portland
- Heywood Consolidated Primary School Kentbruck Road Heywood
- Casterton Primary School McPherson Street Casterton

To view the 4 recipes, please click on the link below.

- Microwave Apple Crumble: https://www.youtube.com/watch?v=qsbOx0dNcQ&list=PLvCHPNeh-qc78KHO9KqTxSt7lSwaRDJjl&index=4
- Hearty Soup: https://www.youtube.com/watch?v=hsHvjUnLVOE&list=PLvCHPNehgc78KHO9KgTxSt7lSwaRDJjl&index=3
- Mexican Tuna & Rice: https://www.youtube.com/watch?v=LR7JrMr7XeA&list=PLvCHPNehqc78KHO9KqTxSt7lSwaRDJil&index=2
- Beef and Vegetable Stir Fry: https://www.youtube.com/watch?v=Hjv7rHh6OXg&list=PLvCHPNehgc78KHO9KgTxSt7lSwaRDJjl&index=1













PO Box 152, Portland VIC 3305

COOKING WITH PANTRY STAPLES

Apple Crumble

Ingredients:

- 1 x 385g tin apple
- 1/4 cup plain flour
- 1 tbsp butter, cubed
- 1 x 35g sachet instant oats
- Water, as needed

Directions:

- 1. Split apple between two mugs or bowls.
- 2.In a separate bowl, combine flour and butter with fingers to make crumble texture. Add oats.
- 3. Add water as needed, combining with fingers.
- 4. Top apples with crumble mixture.
- 5. Microwave for 3 minutes (or bake in the oven).

COOKING WITH PANTRY STAPLES

Hearty Soup

Try using different fruit -peaches, pears, berries!











SCAN THE QR CODE FOR A VIDEO TUTORIAL





- 1 tin chicken & veg soup
- 1/2 tin green beans
- 1/2 tin peas and carrot
- 1 cup water
- 1 x instant noodles

Directions:

- 1. Cover noodles with hot water. Cover and let sit to cook.
- 2. Combine soup, vegetables and water in a microwavable bowl.
- 3. Follow heating instructions on soup tin.
- 4. Drain noodles. Cut up and add to soup.

Try using different combinations of soup and vegetables!











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COOKING WITH PANTRY STAPLES

Mexican Tuna & Rice

Ingredients:

- 1 250g packet microwave rice
- 1/2 tin corn
- 1/2 tin beans
- 2x small tins Mexican flavoured tuna

Directions:

- 1.Combine all ingredients in a bowl.
- 2. Serve cold or warmed in the microwave.



Try using different tuna flavours and different vegetables!



Beef and Veg Noodle Stir Fry

Ingredients:

- 2 x instant noodle squares
- 500g beef mince
- 4 cups veg (fresh, frozen or tinned)
- 2 tbsp salt-reduced soy sauce
- 1/3 cup sweet chilli sauce

Directions:

- 1. Cover noodles with hot water. Let sit to cook.
- 2.Brown beef mince in frying pan.
- 3. Add vegetables. Cook for 5 minutes or until vegetables have softened.
- 4. Drain noodles. Add to frying pan.
- 5. Add sauces, and stir to combine.

Try using different meat, veg & sauces!



*Recipe adapted from 'Super Hero Foods HQ'





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Glenelg Shire Children's Services











THANK YOU FOR READING. WE HOPE YOU HAVE ENJOYED THIS EDITION.

GLENELG SHIRE COUNCIL CHILDREN'S SERVICES

















1300 453 635





