

# Shhh...

## Autism Quiet Hour



To accommodate the needs of our customers with Autism, temporary changes have been made during this hour.

Please ask staff for more details.

**Tuesdays  
10:30 am  
to  
11:30 am**

Shopping is an impossible experience for some people with Autism and their carer's due to the sensory overload and lack of public awareness.

Between the hours of 10:30am and 11:30am each Tuesday we will be participating in the Glenelg Shire "Quiet Hour". This "Quiet Hour" will consist of, where appropriate:

- Reduced radio volume
- Dimmed lights by about 50%
- Registers and scanners on the lowest level volume
- PA announcements avoided, unless an emergency
- Where possible, trolley's or roll cages or any other items that have the potential to make loud noises are removed from the store for this hour
- Limited trolley collection during this time. Where applicable.

We hope all customers can enjoy this sensory experience.

If you would like further details regarding this Glenelg Shire Council initiative, please email [jcain@glenelg.vic.gov.au](mailto:jcain@glenelg.vic.gov.au) or phone 5522 2254.

