

EDITION 19

ACTIVE YOUR WAY GLENELG MONTHLY NEWS BULLETIN

The Glenelg Shire Council Recreation Team respectfully acknowledges the traditional lands and waters of the Gunditijmara people, Boandik people, Jardwadjali people and their respective cultural heritages, and the significant contribution they make to our local Recreation and Sporting organisations. Council embraces diversity and is committed to fostering an inclusive active sports community.

Active Your Way Glenelg Facebook

Stay up-to-date and connected by following our <u>'Active Your Way Glenelg' Facebook</u> <u>page</u> for regular news, funding opportunities, events and more on all things sport and recreation.



For all the latest Recreation updates **visit Active** Your Way Glenelg!

Update Your Club Contact & Membership Details



Has your club/organisation recently held an Annual General Meeting? So that our Recreation Team can ensure they maintain an up-to-date contact database for clubs, we have introduced a simple online form for a Club committee representative to complete.

There is also the option to opt-in to this monthly bulletin (or opt out if you no longer want to receive the emails). Click below to access the form, which is also accessible via the Glenelg Shire Council website: https://au.openforms.com/Form/6f1550ca-22ee-42e0-9124-61278e834dc5

Licenced User Groups - Upcoming Licence Renewals

All current Licence Agreements for use of Council owned or managed Council Recreation Reserves and Facilities are due to expire on 30 June 2025.

So what does this mean for current Licenced User Groups (club)?

New 3 year agreements are curently being prepared by Council and will need to be reviewed and signed prior to 30 June 2025 by Licenced User Groups (clubs).

Council's Recreation Team has been in contact with your Club's nominated representative via email early April with options on how to review your new draft agreement (via meeting or electronically).

Please have your club representative keep an eye out for these important emails from the Recreation Team over the coming weeks

Licenced User Groups Incentivisation Procedure

In February 2024, Council's Recreation Team introduced an Incentivisation Procedure, the aim of which is to encourage Organisations/Clubs to undertake activities and offer programs that promote inclusivity, increase participation levels, and improve Organisation/Club governance capabilities. This in turn promotes healthy lifestyles throughout our Community and assists with working towards strategies identified within <u>Councils Active Your Way Glenelg</u> <u>Recreation Plan</u>.

The procedure covers 4 focus areas:

- Active Ageing
- Female Friendly
- Modified & Inclusive Sport / Recreation
- Healthy Clubs
- Club Development

How can this procedure benefit Licenced User Group's?

The procedure provides an opportunity for Licenced User Group's to receive a partial reimbursement of the most recently paid Lease/Licence fee. To be eligible for a partial fee reimbursement, the Licenced User Group must meet the criteria outlined within the procedure and be able to provide evidence of doing so via the required measures across the 4 focus areas.

Applications under this procedure must be submitted within 45 days of the applicable Licenced User Group's season (summer/winter) or program being undertaken.

Should your Licenced User Group wish to seek a copy of this procedure and any further information please email <u>recreation@glenelg.vic.gov.au</u>





2025 Glenelg Shire Community Awards NOW LIVE !

The 2025 Glenelg Shire Community Awards are now live!

Launched in 2024, the Community Awards helps celebrates the outstanding contributions and achievements of members of our community.

Do you know someone who goes above and beyond? Nominate them for a Community Award!

Categories for this year's awards include:

- Citizen of the Year
- Senior Citizen of the Year
- Youth Citizen of the Year
- Community Group of the Year
- Volunteer of the Year
- Diversity and Inclusion Award
- Arts and Culture Award
- Outstanding Achievement Award

Nominations can be submitted online via Your Say Glenelg: <u>https://yoursay.glenelg.vic.gov.au/2025-glenelg-shire-community-awards</u>

Alternatively, hard copies are available from the Portland, Heywood and Casterton Customer Service Offices and Nelson Visitor Information Centre.



Youth Mental Health First Aid Training

Further your knowledge and become a fully accredited Youth Mental Health First Aider by Mental Health First Aid Australia.

Registrations Close 1st May.

This course is held over 2 days (May 5 & 12), to educate adults and allow a better understanding of common mental health problems such as depression, anxiety, panic attacks, eating disorders and psychosis. This course also teaches adults how to identify the signs and symptoms of developing mental health problems in a young person, how to have a conversation with them when they are in distress or crisis, and how to support them in receiving professional help.

Both sessions must be attended to gain accreditation.

Only a small fee of \$33.08 is required which covers your manual, tea/coffee.

For more information, please call YMHFA training lead Tiana Richardson on 0400 558 681

https://www.live4life.org.au/our-communities/glenelg_

YOUTH MENTAL HEALTH FIRST AID PORTLAND

- Get a better understanding of common mental health problems
- Learn how to identify the signs and symptoms
- Develop skills to have a conversation with someone in distress or crisis
- Gain knowledge on how to support others to receive professional help.

MONDAY MAY 5 & 12 9:30am - 4:30pm



Portland District Health - Health Promotion

Fresh Food Swap

Do you have excess homegrown produce, or are you interested in supporting the community food swap space? Come along to the Portland Library each Thursday (commencing 5th June) to swap, share and meet like-minded community members!

Vegetables, fruit, seeds, seedlings, homemade jams/relishes, recipes, eggs, honey, and flowers are all welcome.

No money exchanged. Give what you can and take what you need.

The Health Promotion Team will be running this fresh food swap as a trial for 8 weeks (5th June – 24th July),

with the potential for it to be an ongoing event dependant on uptake and community interest.

the Health Promotion Team at healthpromotion.pdh@swarh.vic.gov.au

5 June 10am-12pm, 12 June 10am-12pm, 19 June 12pm-2pm, 26 June 12pm-2pm, 3 July 1:30-3:30pm, 10 July 1:30-3:30pm, 17 July 3:30-5:30pm, 24 July 3:30-5:30pm

For more information in this exciting initiative please contact

SAVE THE DATE FRESH FOOD SWAP Commencing June 5 EVERY THURSDAY Portland Library



or 5522 1197

Good Sports - Game Ready Round

It's time to get Game Ready and take a stand against drink driving!

The Good Sports Game Ready Round will be held in May 2025, and it's all about raising awareness in your club and wider community on the importance of staying safe on the roads.

Why it's important:

- Drink driving makes up over 30% of the fatal road toll in Australia. And, in the last five years, 41% of all drivers and motorcyclists killed had drugs in their system.
- We know the stats are even more concerning in regional areas. 55% of road crash deaths occur in regional areas of Australia. Even one death on our roads is too many.
- And drink driving is still common at clubs. A third of young adult Australian community sporting club members said they drove home after drinking 5 or more standard drinks.

Join the Good Sports Game Ready Round to show your members and your community loud and clear where your club stands on drink driving.

It's easy to get involved – Good Sports will give you everything you need. Registrations are currently open, to run the round in May 2025.

Head over to goodsports.com.au/gamereadyround to sign up.





Together, we can get the message across. Your club has the power to save lives.

And, if your club is not already part of the free Good Sports program, register today.

National Volunteer Week 2025

National Volunteer Week 2025 is quickly approaching as Australia's largest celebration of volunteering, held on 19-25 May. This event highlights the important role in our community and encourages more people to give volunteering a go.

Join the Glenelg Shire and other volunteers within the community to the Recognition Reception's (see poster on the right) or hold your own volunteer recognition event.

The theme for National Volunteer Week 2025 is **'Connecting Communities'** to celebrate the power of volunteering in bringing people together. Volunteering creates lasting relationships that strengthens communities and has a great impact in building a thriving and inclusive community.

The<u>National Volunteer Week website</u> provides customisable and ready-to-download resources to start planning your club's National Volunteer Week celebrations.

Need some ideas to make your volunteers feel valued? The National Volunteer Week website also contains **Event Ideas 8** Inspiration and a NVW2025 Event Planning Guide.



Invitation to All Volunteers

National Volunteer Week 2025 celebrates the power of volunteering. Let's acknowledge the spirit of connection and the incredible impact volunteers have in building thriving and inclusive communities. We invite you to join us at one of our Volunteer Recognition events to celebrate the wonderful contribution volunteers make to our Shire. All are welcome.

HEYWOOD Tuesday 20 May - 5:30pm Heywood Community Hall

CASTERTON Thursday 22 May - 5:30pm Casterton Town Hall

> RSVP by Wednesday 14 May 2025 to events@glenelg.vic.gov.au Please include any dietary and accessibility requirements





PORTLAND

Wednesday 21 May - 5:30pm

Portland Arts Centre

NELSON

Friday 23 May - 12:30pm

Nelson CFA Community Room

South West Sport - Women & Girls Participation survey

South West Sport is developing a women & girls participation strategy for the south west region, and they want to hear from you to inform their planning.

This strategy will be utilised to support advocacy efforts, inform decision making, and as evidence to support the creation of more appropriate sport & recreation opportunities for women & girls in the south west.

Whether you are an armchair expert, a casual weeknight player, an active recreation superstar, a side line supporter, or a weekend community sport champion, they want to hear from you, so we can understand the needs and barriers facing local women.

If you are a woman or girl from the south west who is over 15 years of age, they want to hear from you https://www.surveymonkey.com/r/WGSWParticipation

By completing the survey, you will go into the draw to win 1 of 5 \$50 Sporting Goods Vouchers.



South West Sports Awards

South West Sport together with Ace Radio held the 'South West Community Sports Awards', on 1 April 2025 in Warrnambool.

The awards event celebrated nominated clubs and organisations who are driving positive community outcomes through sport and recreation, as well as acknowledging individuals who contribution to grass roots community sport through volunteerism and leadership.

Glenelg Shire was well represented at this year's awards, with the following individuals and Clubs being recognised:

Club of the year: Westerns Football Netball Club Recognised for creating a safe, inclusive, and welcoming environment and demonstrating strong leadership and community spirit. *Award proudly sponsored by Coast FM*

Community Sport Volunteer of the Year Award: Jenny Porter Honoured for her dedication and service to grassroots sport in the Glenelg region. *Award proudly sponsored by Glenelg Shire Council*

Community Sport & Recreation Event of the Year: Kyeema

Support Services, Portland - Tri State Games A fantastic event that united Participants and supporters from across the region in a celebration of inclusive sport Award proudly sponsored by Deakin University, Warrnambool Campus

Celebrating Diversity & Inclusion in Sport Award: Stoked Surf Therapy - Indigenous Surf Program Recognised for delivering a culturally inclusive surf program that fosters wellbeing, confidence and connection. *Award proudly sponsored by Are-Able*









Grants & Funding Opportunities

Clubs / User Groups often ask us about where they can go for assistance with Grants or what funding opportunities are available.

A new search platform, <u>SmartySearch</u>, has been added to the Glenelg Shire website.

SmartySearch is a customised grants search database, highlighting hundreds of government, philanthropic, corporate and foundation grant opportunities from across Australia.

Grant seekers can conduct quick, localised searches for the grants most relevant to them from the convenience of Council's website. It provides anyone in the community with a 'one-stop-shop' of available funding sources.

Council are able to recommend this search tool when approached by not-for-profits, businesses, individuals, schools and more or for funding requests that fall outside of the scope of the Community Grants Program.

To access SmartySearch, visit: <u>www.glenelg.vic.gov.au/Our-Community/Grants/SmartySearch</u>

<u>VicSport</u> also often update their website with links to various grant opportunities some helpful links on their website. There are also some <u>quick links on our website</u> for organisations that regularly release different grant opportunities.

Some externally funded grants and fundraising opportunities that may be of particular interest to your club that are currently advertised include:

- <u>Emergency Sporting Equipment Grant program</u> provides assistance to grassroots sport and active recreation clubs and organisations to replace or repair essential sporting and first aid equipment that has been lost or destroyed as a consequence of fire, flood, significant storms, theft or criminal damage - applications are being accepted until 31 May 2025
- <u>Country Football and Netball Program</u> is delivered in partnership with the AFL, AFL Victoria and Netball Victoria. It provides funding to Local Government Authorities to help regional football and netball clubs, associations and umpiring organisations upgrade and develop facilities in rural, regional and outer metropolitan locations.
- The <u>Telstra Footy Country Grants</u> is designed to financially assist initiatives that can support Community Clubs affiliated to the AFL to strengthen the base and secure the future in three key strategic areas:
- Grow and assist volunteer capacity.
- Grow and diversify participation.
- Improve club environments and experiences.

Grants & Funding continued...

Below are some online resources that may assist with grant writing: <u>Clubhelp</u> <u>Grant Writing for Dummies</u> <u>The Grants Hub</u> <u>Funding Centre</u> <u>Sports Community</u> <u>GrantGuru – grant search portal</u>



We also welcome any expressions of interest from Club representatives that may be interested in participating in a Grants Writing Workshop. Should enough club representatives express interest then we will advise of further details if a workshop can be confirmed. Please submit your interest via email to <u>recreation@glenelg.vic.gov.au</u> including how many representatives may like to attend.

Maintenance Requests for Council Recreation Reserves & Pavilions



Did you know that all maintenance items/requests can be submitted online via <u>Council's website</u>?

All maintenance items/requests for Council recreation facilities must be submitted in writing either via the <u>online request form</u> or alternatively submitted via email to <u>enquiry@glenelg.vic.gov.au</u>.

Submitting any maintenance requests via this process ensures the issues are correctly lodged into Council's maintenance system. We appreciate user groups continued co-operation and understanding with this process.

Council Recreation Reserve & Pavilions Casual Bookings

Did you know that most of Council's Recreation Reserve pavilions and facilities can be casually booked by other organisations, schools or for private recreation events (subject to availability)?

If your club or another organisation or an individual wish to casually book a Council recreation facility this can be done through our IMS Reserves Manager website <u>https://www.imscomply.com.au/glenelgrm/</u>

For further details regarding Council's Recreation facilities casual hire conditions as well as a risk assessment template required for all bookings <u>click here</u>.

If you require further support with submitting a casual booking or have any queries please contact the <u>Recreation Team</u>.

<u>GSC Club Committee Kit Resources</u>

Need Help?

Follow Us at <u>Active Your Way Facebook</u>

Contact Us via <u>recreation@glenelg.vic.gov.au</u>

If you no longer wish to receive this bulletin please email us.

