

# ACTIVE YOUR WAY GLENELG

MONTHLY NEWS BULLETIN

The Glenelg Shire Council Recreation Team respectfully acknowledges the traditional lands and waters of the Gunditimara people, Boandik people, Jardwadjali people and their respective cultural heritages, and the significant contribution they make to our local Recreation and Sporting organisations. Council embraces diversity and is committed to fostering an inclusive active sports community.

# Active Your Way Glenelg Facebook

Stay up-to-date and connected by following our <u>'Active Your Way Glenelg' Facebook</u> <u>page</u> for regular news, funding opportunities, events and more on all things sport and recreation.



#### **Summer Seasonal Allocations**

Summer season Licensed User Groups are now invited to enter their allocation for the upcoming summer season (1 October 2025 to 31 March 2026) via our IMS Reserves Manager website, https://apps.imscomply.com.au/glenelgrm/ using your organisations login details.

If you no longer have access to your login details, please email the Recreation Team who can assist with providing these details to you.

Allocation entries close on Wednesday 18 September 2025.

If you require support with your allocations or have any queries, please contact the Recreation Team at recreation@glenelg.vic.gov.au



# Women in Sport: Empowering the Next Generation Featuring Nicola Watkins

To celebrate and promote gender equality and diversity across our local sports clubs, we're shining a light on the voices of elite female athletes who are breaking barriers and leading by example. Their journeys are powerful reminders of the strength, skill, and resilience women bring to the world of sport. This month, **Nicola Watkins** shares some insights into her experience as an elite athlete and her hopes and excitement for women in sport.

#### Can you tell us about your journey into elite sport? What inspired you to start and keep going?

I started playing basketball when I was five in the Heywood Junior Comp, where boys and girls all played together - and I absolutely loved it from the start. I followed the local pathways through Coasters and the Vic programs, which eventually led me to playing college ball in the U.S. Basketball has taken me all over Australia and the world, and even helped me earn a degree.

But more than anything, it's the love of the game that keeps me going. I still love being part of a team - even now in my 30s, I wouldn't trade that "girlhood" and the family feel of sport for anything.

# What challenges have you faced as a female athlete, and how have you overcome them?

There've definitely been challenges around equality - like access to opportunities, funding, and getting the same recognition and respect as the guys.

# Have you noticed any positive changes in gender equality in sport during your career? What still needs to change?

Absolutely! It's been amazing to see the shift happening over the last few years. You can see it in the WNBL and especially the WNBA. Even here at home, the Matildas have shown just how much support there is for women in sport-the crowds are huge, TV numbers are through the roof, and more female athletes are finally being paid properly for what they do.

It's been a long time coming. There's still work to do, especially at the grassroots level and in leadership positions, but we're heading in the right direction.

# What role do local sports clubs and communities play in supporting young girls in sport?

They're everything. I wouldn't be where I am without the local clubs I played at growing up. People like Greg 'Mozza' Morrissey, who dedicate their lives to teaching, coaching, and supporting young girls in the Portland region, make a huge impact. Mozza gave our generation the belief that we can be just as good as the guys, and that with hard work and dedication, we could go on to achieve big things. That kind of belief at a young age makes all the difference. But it's also essential for local clubs to keep creating those opportunities for girls to participate and grow. The more we support these clubs, the more we help the next generation keep playing, developing, and dreaming big.





# What advice would you give to young girls who dream of competing at a high level in sport?

Keep showing up. Be consistent, work hard, and most importantly, don't forget to enjoy it and have fun. Sport should be fun! Talent helps, but resilience and a love for the game will take you further than you think.

#### What does diversity mean to you in the context of sport, and how can clubs promote it?

To me, diversity means everyone feels welcome - no matter your background, gender, ability, or body type. Sport should be for everyone, and with that comes the responsibility to make sure equal opportunities are actually provided. It's one thing to talk about inclusion, but what are clubs and organisations really doing to make it happen? That could look like more inclusive programs, being mindful of different needs, the language used and creating spaces where everyone feels safe and seen.

#### What's one thing you wish people better understood about women in sport?

That when given the opportunity, platform, funding, and recognition - female athletes can be just as talented, entertaining, and impactful as the men. We're seeing it happen now. With more investment, women are finally able to train and play full-time, without juggling part-time or even full-time jobs on the side, and look at the shift it's creating. The talent has always been there, it just needed the same support.



- Nicola

### Floring Feature your Club's Female Leaders and Sports Women

Do you know a woman at your club who's making a difference? Nominate her by emailing recreation@glenelg.vic.gov.au to feature in the next Active Your Way Glenelg newsletter and on social media to inspire others!

# South West Sport - Respect in Sport workshop - NEW DATE

**Last chance to register** for the upcoming Respect in Sport 101 workshop, presented by South West Sport.

**Where:** Heywood Community meeting room

**When:** Monday 4 August 2025

**©Time:** 5:30pm - 7pm

Training for clubs will focus on building the capacity of volunteers and clubs to embrace and embed a culture of safety, equality and respect. The end result will be stronger clubs and better opportunities for more people to get involved in sport, regardless of gender.

It is recommended that clubs register 2-3 participants, with a mix of men and women. Participation of an executive committee member is also recommended.

For participation in this workshop, your club will receive a local sporting goods voucher as well as the chance to win a larger prize.

Book your spot **HERE!** 

For more information, please reach out to receation@glenelg.vic.gov.au or Ashleigh at South West Sport at ashleigh@southwestsport.com.au



Building Equality & Respect Through Sport - Limited Tickets Available

#### **CLUBMAP Free Webinars**

# Finances – Financial oversight, the foundation of success

Monday, August 4 | 7:00PM (AEST)

Join us for a practical, no-fluff webinar series built to help community clubs thrive.

Financial pressure can affect even the best clubs. We'll show you how to take control of your club's finances with simple tools, clear budgeting, and better planning, even if you're not a 'numbers person.'





# Revenue - Modern income methods for less burnout

Monday, August 18 | 7:00PM (AEST)

Tired of scrambling for funds? We'll show you real-world ways to increase income through smarter sponsorship, fundraising, grants, and membership strategies, without overloading your volunteers.

### **Junior Sports Trust 2025/26**

Applications for the Glenelg Junior Sports Trust has opened for 2025/26.

The Glenelg Junior Sport Trust provides financial support for individual athletes or teams who have been selected to represent at state, national or international level in their chosen sport aged up to 18 years of age inclusive.

The age is to be the age of the individual/team participant at the time the activity/event is being held.

Refer to the <u>Guidelines</u> for further details regarding eligibility and information.



Click here to apply via SmartyGrants.

### **Glenelg Shire Community Grants**

#### Round 1 of the 2025/26 Community Grants Program is now open!

Round 1 of the 2025-26 Glenelg Shire Council Community Grants Program opened 9am Monday 21 July 2025 for a period of 3 weeks, **closing 5.00pm Sunday 10 August 2025.** 

The aim of the Community Grants Program is to assist community organisations and groups to undertake activities and provide facilities for the benefit of the citizens and residents of the Shire region.

Not for profit community organisations or groups are invited to submit an application in the following categories:

- 1. Recreation
- 2. Public Halls
- 3. Community Events
- 4. Arts, Culture and Heritage
- 5. Community Strengthening

Up to \$1,000 can be applied for without any contribution. For amounts over \$1,000 and up to \$5,000 a dollar for dollar contribution is required from the community organisation/group.

Potential applicants should refer to the <u>Community Grants Guidelines</u> to assess their eligibility to apply. All organisations and groups are strongly encouraged to discuss their projects with the relevant Council officer prior to submitting their application.

For recreation related applications please email the Recreation Team at <u>recreation@glenelg.vic.gov.au</u>



### **Licenced User Groups Incentivisation Procedure**

In February 2024, Council's Recreation Team introduced an Incentivisation Procedure, the aim of which is to encourage Organisations/Clubs to undertake activities and offer programs that promote inclusivity, increase participation levels, and improve Organisation/Club governance capabilities. This in turn promotes healthy lifestyles throughout our Community and assists with working towards strategies identified within Councils Active Your Way Glenelg Recreation Plan.

The procedure covers 4 focus areas:

- Active Ageing
- Female Friendly
- Modified & Inclusive Sport / Recreation
- Healthy Clubs
- Club Development

How can this procedure benefit Licenced User Group's?



The procedure provides an opportunity for Licenced User Group's to receive a partial reimbursement of the most recently paid Lease/Licence fee. To be eligible for a partial fee reimbursement, the Licenced User Group must meet the criteria outlined within the procedure and be able to provide evidence of doing so via the required measures across the 4 focus areas.

Applications under this procedure must be submitted within 45 days of the applicable Licenced User Group's season (summer/winter) or program being undertaken.

Should your Licenced User Group wish to seek a copy of this procedure and any further information please email <a href="mailto:recreation@glenelg.vic.gov.au">recreation@glenelg.vic.gov.au</a>

# **Grants & Funding Opportunities**

Clubs / User Groups often ask us about where they can go for assistance with Grants or what funding opportunities are available.

A new search platform, <u>SmartySearch</u>, has been added to the Glenelg Shire website.

SmartySearch is a customised grants search database, highlighting hundreds of government, philanthropic, corporate and foundation grant opportunities from across Australia.

Grant seekers can conduct quick, localised searches for the grants most relevant to them from the convenience of Council's website. It provides anyone in the community with a 'one-stop-shop' of available funding sources.

Council are able to recommend this search tool when approached by not-for-profits, businesses, individuals, schools and more or for funding requests that fall outside of the scope of the Community Grants Program.

To access SmartySearch, visit: <a href="www.glenelg.vic.gov.au/Our-Community/Grants/SmartySearch">www.glenelg.vic.gov.au/Our-Community/Grants/SmartySearch</a>

<u>VicSport</u> also often update their website with links to various grant opportunities some helpful links on their website. There are also some <u>quick links on our website</u> for organisations that regularly release different grant opportunities.

Some externally funded grants and fundraising opportunities that may be of particular interest to your club that are currently advertised include:

- <u>Great South West Sustainable Communities Fund</u> shares the benefits of the Portland, Yambuk, and Codrington Wind Farms with the surrounding communities.
- Glenelg Shire Council Community Grant 2025/26 Round 1

Below are some online resources that may assist with grant writing:

Clubhelp

**Grant Writing for Dummies** 

The Grants Hub

**Funding Centre** 

Sports Community

<u>GrantGuru – grant search portal</u>



We also welcome any expressions of interest from Club representatives that may be interested in participating in a Grants Writing Workshop. Should enough club representatives express interest then we will advise of further details if a workshop can be confirmed. Please submit your interest via email to <a href="mailto:recreation@glenelg.vic.gov.au">recreation@glenelg.vic.gov.au</a> including how many representatives may like to attend.

### Maintenance Requests for Council Recreation Reserves & Pavilions



Did you know that all maintenance items/requests can be submitted online via Council's website?

All maintenance items/requests for Council recreation facilities must be submitted in writing either via the <u>online request form</u> or alternatively submitted via email to <u>enquiry@glenelg.vic.gov.au</u>.

Submitting any maintenance requests via this process ensures the issues are correctly lodged into Council's maintenance system. We appreciate user groups continued co-operation and understanding with this process.

## **Council Recreation Reserve & Pavilions Casual Bookings**

Did you know that most of Council's Recreation Reserve pavilions and facilities can be casually booked by other organisations, schools or for private recreation events (subject to availability)?

If your club or another organisation or an individual wish to casually book a Council recreation facility this can be done through our IMS Reserves Manager website <a href="https://www.imscomply.com.au/glenelgrm/">https://www.imscomply.com.au/glenelgrm/</a>

For further details regarding Council's Recreation facilities casual hire conditions as well as a risk assessment template required for all bookings <u>click here</u>.

If you require further support with submitting a casual booking or have any queries please contact the <u>Recreation Team</u>.

### **Update Your Club Contact & Membership Details**



Has your club/organisation recently held an Annual General Meeting? So that our Recreation Team can ensure they maintain an up-to-date contact database for clubs, we have introduced a simple online form for a Club committee representative to complete.

There is also the option to opt-in to this monthly bulletin (or opt out if you no longer want to receive the emails).

Click below to access the form, which is also accessible via the Glenelg Shire Council website: https://au.openforms.com/Form/6f1550ca-22ee-42e0-9124-61278e834dc5

#### GSC Club Committee Kit Resources

Follow Us at <u>Active Your Way Facebook</u>

Need Help?

Contact Us via <u>recreation@glenelg.vic.gov.au</u>



If you no longer wish to receive this bulletin please <u>email us.</u>

