

# ACTIVE YOUR WAY GLENELG

MONTHLY NEWS BULLETIN

The Glenelg Shire Council Recreation Team respectfully acknowledges the traditional lands and waters of the Gunditimara people, Boandik people, Jardwadjali people and their respective cultural heritages, and the significant contribution they make to our local Recreation and Sporting organisations. Council embraces diversity and is committed to fostering an inclusive active sports community.

# Active Your Way Glenelg Facebook

Stay up-to-date and connected by following our <u>'Active Your Way Glenelg' Facebook page</u> for regular news, funding opportunities, events and more on all things sport and recreation.



## **Licenced User Groups - Licence Renewal Reminder**

All current Licence Agreements for use of Council owned or managed Council Recreation Reserves and Facilities are due to expire on 30 June 2025.

All clubs have been contacted by the Glenelg Shire Recreation Team regarding signing of this licence document.

If your club has been given a hard copy or sent an electronic copy of your Licence Agreement, please ensure to have this document signed and handed into Council's Customer Service or scanned to recreation@glenelg.vic.gov.au



### Women Who Lead: Shaping Local Sport

Lynda Smith - Tyrendarra FNC

Behind every successful sports club are dedicated women who lead, volunteer, and advocate for greater inclusion in sport. From coaches to committee members, their efforts help shape supportive and empowering environments for girls and women at the grassroots level.

To recognise their contributions, we have reached out to a local volunteer to hear how they have made an impact in the sporting community. This month featuring <u>Lynda Smith</u>:

"I suppose I am what you call an accidental volunteer leader in sport, both locally and regionally. With four active (now grown) children I have always been committed to giving back to clubs we have been involved in. (Squash, racquetball, hockey, gymnastics, football, and netball mainly)."

What does gender equality in sport look like to me, clubs I am or have been involved in, and community?

"Well, being a life member of Portland Hockey Club and a president for over five years, we fought hard to have young females allowed to play in junior male teams, as we did not have enough females at one point in time to have our own standalone female team. No one likes to see any children turned away from sport especially if they are female! This hard-fought battle has resulted in it now being a given that mixed teams can be entered into junior competitions—especially in small rural areas where the population base is sometimes just not there."

"As a life member of Southwest Sport, I was a Board Director for over 7 years, advocating for grassroots sports clubs to be more inclusive, and to consider gender equality in their chosen sport across south west Victoria. Whilst on the Board I was lucky enough to participate in the Vicsport Females in sports administration Leadership Masterclass. Where we focussed on Building personal and group leadership capability and promoted the roles of female leaders in sport. This was also during the time when government introduced a mandatory quota of minimum 40% of female representation on boards of Victorian state sporting organisations (2019)."

"When the pandemic locked sport down and out, we advocated for mental health and wellbeing online support to be delivered to clubs to not only help keep members connected, but to also recognise that at a grassroots level, sporting clubs are often the heartbeat of small communities, and often where people turn to for help and support."

"Last year without ever having played a game of club netball or football I was awarded a life membership at Tyrendarra Football Netball Club which was a total surprise. When I first entered the club as netball coordinator, what stood out to me was the fact that there were no honour boards for netball. No recognition of grand finals won at any level, or recognition of female players, or coaches that led teams to those victories. From a gender equality perspective football clubs are some of the toughest sports clubs to challenge in this space. The first grant we applied for was for \$1000 for an honour board that now stands just as proudly in the clubrooms as the football one."

"In 2025 my role is volunteer women's football coordinator, I am still learning, and challenged with modern technology, rules I still don't understand, and providing backbone support to a group of kick ass females who are having a crack at footy, bonding and developing together at both an individual and team level. That's what I love about grassroots sport, everyone just gets in and has a crack."

## What advice would I give to other women who are thinking about stepping into a leadership or volunteer role at their club?

"Just do it, the friends you will make, the lessons you will learn, and knowledge sharing opportunities you will have is very rewarding. You don't have to be an expert-just put your hand up and have a go. Over the years I have volunteered alongside some amazing, inspiring females in sports leadership roles from presidents, secretaries, treasurers, football coordinators, umpires, canteen coordinators, first aiders, social media and marketing gurus, and fundraisers, general committee members, bus drivers, and the champion mums who manage to get their children to sport on time, fed, and in uniform, with the right shoes on, and a mouthguard!

It's important to have women in leadership and decision-making roles in sport, they just have so much to offer, and value add to any club."

### F To Feature your Club's Female Leaders and Sports Women

Do you know a woman at your club who's making a difference? Nominate her by emailing recreation@glenelg.vic.gov.au to feature in the next Active Your Way Glenelg newsletter and on social media to inspire others!



#### **Good Sports - Governance and Liquor Licensing**

#### **Governance and Liquor Licensing**

Does your club have a Liquor License or is thinking about applying?

Do you have volunteers assisting with alcohol sales?

Has it been a while since you reviewed your alcohol management practices?

<u>Does alcohol sometimes affect the many positives that your club provides to members, players and community such as social connection, physical & mental health?</u>

Alcohol is a regulated product due to the short- and long-term risks associated. These risks are increased for young people.

This doesn't mean that we can't enjoy a drink, but if selling alcohol, it does mean there are legal responsibilities and community expectations to consider.

We support clubs by providing education to members about liquor licenses (endorsed by LCV) and help with developing alcohol policies that are tailored to the needs of individual clubs. Policies take the pressure off individuals and support consistent management practic <sup>- -</sup>

Reviewing alcohol practices is not about radical change but about balancing risk and enjoyment in a way that works for your club.

For more information and support, contact Keith Gregory on 0414633218 or email: keith.gregory@adf.org.au

Scan the code to read about Good Sports and leave a question/request for contact



#### South West Sport - Respect in Sport workshop - NEW DATE

#### A fair playing field – it's a Council policy

#### **NEW DATE**

**Where:** Heywood Community meeting room

**When:** Monday August 4, 2025

**©Time:** 5:30pm - 7pm

Unfortunately, the Heywood workshop was postponed due to unforeseen circumstances, so a new date for the Respect in Sport Workshop has been added for you club to attend.

Training for clubs will focus on building the capacity of volunteers and clubs to embrace and embed a culture of safety, equality and respect. The end result will be stronger clubs and better opportunities for more people to get involved in sport, regardless of gender.

It is recommended that clubs register 2-3 participants, with a mix of men and women. Participation of an executive committee member is also recommended.

The Recreation Team have met with many clubs over the past 12 months and a consistent theme across all sports has been equity, inclusion and safety. Participation at this event will qualify under Council's incentivisation procedure which allows your club to be eligible for a reduced licence fee.

#### Book your spot **HERE!**

For more information, please reach out to receation@glenelg.vic.gov.au or Ashleigh at South West Sport at ashleigh@southwestsport.com.au



Building Equality & Respect Through Sport - Limited Tickets Available

#### Proud2Play LGBTIQA+ Inclusion in Sport - Low Cost Online Sessions

**Proud2Play** is offering a series of low-cost online sessions designed for everyone involved in sport and recreation clubs. These sessions aim to help local clubs create more inclusive and supportive environments for LGBTIQA+ people.

By taking part, your club or sporting organisation can learn how to foster a welcoming space, increase LGBTIQA+ participation in sport and physical activity, and actively work to break down barriers like discrimination and exclusion.

#### Session Schedule (All times in AEST)

- June 2nd, 6:00 PM All In: FREE Online Information Session
- June 16th, 6:00 PM Introduction to LGBTIQA+ Inclusion in Sport and Movement Settings
- June 30th, 6:00 PM Trans and Gender Diverse Inclusion in Sport and Movement Settings
- July 14th, 6:00 PM Being a Good Ally for the LGBTIQA+ Community
- July 28th, 6:00 PM Bystander Intervention in Sport Settings



Click here to register for a session.

#### **CLUBMAP Free Webinar**



#### People - Create the right structure and attract more volunteers Monday, July 21 | 7:00PM (AEST)

Join us for a practical, no-fluff webinar series built to help community clubs thrive.

Your people are your club's greatest asset, but how do you get the right people into the right roles?

In this session, we'll cover how to build a strong committee, attract great volunteers, and stop your core team from burning out.

#### Youth Mental Health First Aid Training



# Youth Mental Health First Aid

Bought to you by Live4Life Glenelg

Learn how to support young people and their mental health.

This training is for people 18+ years

2 Full day sessions held at the Portland Library, large meeting room

Tuesday 29th July and Monday 4<sup>th</sup> August 9:30am - 4:30pm

You must attend both sessions to complete the training



Register now to secure your spot:

Tickets are \$33.08 ea which includes a Mental Health First Aid Handbook and your accreditation.

(Minimum 12 participants needed.)



Are you a parent, volunteer, coach or community member who has contact with a young person or young people?

Would you like to learn more about mental health and how to help?

Live4Life Glenelg are delivering our next Community Youth Mental Health First Aid Course in Portland!

Course cost \$33.08 includes manual and a light lunch.

Become a certified Youth Mental Health First Aider as part of the Live4Life Glenelg model

**When:** Tuesday 29 July and Monday 4 August **Where:** Portland Library – Large meeting room.

**Time:** 9:30am – 4:30pm

Catering: A morning tea and light lunch will be

provided

To register follow the QR code.

#### South West Sport - LGBTIQA+ Inclusion in Sport

South West Sport has partnered with Proud 2 Play to bring this 90-minute LGBTIQA+ Inclusion in Sport & Active Recreation 101 workshop directly to community sporting clubs in the south west.

Wednesday 9th July, 2025

🖰 6.30pm -8.00pm

↑ Online Webinar

This workshop has been designed to provide a solid foundational understanding of the LGBTIQA+ community and the unique challenges they may face when seeking to participate in sports and active recreation, and is open to volunteers, administrators, coaches, and participants from community sporting clubs in south west Victoria.



#### Register your place here:

https://www.trybooking.com/DBETE

#### **Licenced User Groups Incentivisation Procedure**

In February 2024, Council's Recreation Team introduced an Incentivisation Procedure, the aim of which is to encourage Organisations/Clubs to undertake activities and offer programs that promote inclusivity, increase participation levels, and improve Organisation/Club governance capabilities. This in turn promotes healthy lifestyles throughout our Community and assists with working towards strategies identified within <u>Councils Active Your Way Glenelg Recreation Plan</u>.

The procedure covers 4 focus areas:

- · Active Ageing
- Female Friendly
- Modified & Inclusive Sport / Recreation
- Healthy Clubs
- Club Development

How can this procedure benefit Licenced User Group's?



The procedure provides an opportunity for Licenced User Group's to receive a partial reimbursement of the most recently paid Lease/Licence fee. To be eligible for a partial fee reimbursement, the Licenced User Group must meet the criteria outlined within the procedure and be able to provide evidence of doing so via the required measures across the 4 focus areas.

Applications under this procedure must be submitted within 45 days of the applicable Licenced User Group's season (summer/winter) or program being undertaken.

Should your Licenced User Group wish to seek a copy of this procedure and any further information please email <a href="mailto:recreation@glenelg.vic.gov.au">recreation@glenelg.vic.gov.au</a>

#### **Grants & Funding Opportunities**

## Clubs / User Groups often ask us about where they can go for assistance with Grants or what funding opportunities are available.

A new search platform, <u>SmartySearch</u>, has been added to the Glenelg Shire website.

SmartySearch is a customised grants search database, highlighting hundreds of government, philanthropic, corporate and foundation grant opportunities from across Australia.

Grant seekers can conduct quick, localised searches for the grants most relevant to them from the convenience of Council's website. It provides anyone in the community with a 'one-stop-shop' of available funding sources.

Council are able to recommend this search tool when approached by not-for-profits, businesses, individuals, schools and more or for funding requests that fall outside of the scope of the Community Grants Program.

To access SmartySearch, visit: <a href="www.glenelg.vic.gov.au/Our-Community/Grants/SmartySearch">www.glenelg.vic.gov.au/Our-Community/Grants/SmartySearch</a>

<u>VicSport</u> also often update their website with links to various grant opportunities some helpful links on their website. There are also some <u>quick links on our website</u> for organisations that regularly release different grant opportunities.

# Some externally funded grants and fundraising opportunities that may be of particular interest to your club that are currently advertised include:

- <u>Country Football and Netball Program</u> is delivered in partnership with the AFL, AFL Victoria
  and Netball Victoria. It provides funding to Local Government Authorities to help regional
  football and netball clubs, associations and umpiring organisations upgrade and develop
  facilities in rural, regional and outer metropolitan locations.
- The <u>Telstra Footy Country Grants</u> is designed to financially assist initiatives that can support Community Clubs affiliated to the AFL to strengthen the base and secure the future in three key strategic areas:
- Grow and assist volunteer capacity.
- Grow and diversify participation.
- Improve club environments and experiences.
  - <u>Great South West Sustainable Communities Fund</u> shares the benefits of the Portland, Yambuk, and Codrington Wind Farms with the surrounding communities. Pacific Blue's GSW (Codrington/Yambuk) and GSW (Portland) Sustainable Community Funds shares the benefits of Codrington, Yambuk and Portland Wind Farms with the surrounding communities, providing long-lasting social, economic and environmental value that goes beyond the life of the wind farm.

#### **Grants & Funding continued...**

Below are some online resources that may assist with grant writing:

Clubhelp

**Grant Writing for Dummies** 

The Grants Hub

**Funding Centre** 

Sports Community

<u>GrantGuru – grant search portal</u>



We also welcome any expressions of interest from Club representatives that may be interested in participating in a Grants Writing Workshop. Should enough club representatives express interest then we will advise of further details if a workshop can be confirmed. Please submit your interest via email to <a href="mailto:recreation@glenelg.vic.gov.au">recreation@glenelg.vic.gov.au</a> including how many representatives may like to attend.

## Maintenance Requests for Council Recreation Reserves & Pavilions



Did you know that all maintenance items/requests can be submitted online via <u>Council's website</u>?

All maintenance items/requests for Council recreation facilities must be submitted in writing either via the <u>online request form</u> or alternatively submitted via email to <u>enquiry@glenelg.vic.gov.au</u>.

Submitting any maintenance requests via this process ensures the issues are correctly lodged into Council's maintenance system. We appreciate user groups continued co-operation and understanding with this process.

## **Council Recreation Reserve & Pavilions Casual Bookings**

Did you know that most of Council's Recreation Reserve pavilions and facilities can be casually booked by other organisations, schools or for private recreation events (subject to availability)?

If your club or another organisation or an individual wish to casually book a Council recreation facility this can be done through our IMS Reserves Manager website <a href="https://www.imscomply.com.au/glenelgrm/">https://www.imscomply.com.au/glenelgrm/</a>

For further details regarding Council's Recreation facilities casual hire conditions as well as a risk assessment template required for all bookings <u>click here</u>.

If you require further support with submitting a casual booking or have any queries please contact the <u>Recreation Team</u>.

#### **Update Your Club Contact & Membership Details**



Has your club/organisation recently held an Annual General Meeting?
So that our Recreation Team can ensure they maintain an up-to-date contact database for clubs, we have introduced a simple online form for a Club committee representative to complete.

There is also the option to opt-in to this monthly bulletin (or opt out if you no longer want to receive the emails). Click below to access the form, which is also accessible via the Glenelg Shire Council website: https://au.openforms.com/Form/6f1550ca-22ee-42e0-9124-61278e834dc5

GSC Club Committee Kit Resources

Follow Us at <u>Active Your Way Facebook</u>

Need Help?
Contact Us via <a href="mailto:recreation@glenelg.vic.gov.au">recreation@glenelg.vic.gov.au</a>



If you no longer wish to receive this bulletin please email us.

